fat chat

Adelaide Mountain Bike Club Newsletter

Eagle MTB Park April Issue 2015

Image: Terry Golding, so close to nailing the loose off-camber

Revamp Issue

- from the editor to you!

After recently having my mountain bike's weight worth of old *fat chat* issues stumble across my reading repertoire (thanks Aurelia); a conversation on the reliability of Australia Post; and an ego stroke on my exceptional ability to write blogs, (disclaimer: blog-writing abilities may not be exceptional).

exceptional), I figured it was about time to **REVAMP THE NEWS LINE!** with my own added touches, of course (mainly in the use of uncanny puns!).

So, in honour of [and quote] "I think it was Carlos, but don't quote me on that" [P'An-Tau, 2015], and his un-edited dedication to the *fat chat* publications, I am proud to bring you "Fat Chat - V2!"

Kicking off the V2 series with the end of AMBC's XC summer series, I'll be looking for a whole new set of pictures, faces, bikes, war stories, tips and tricks and things and stuff to fill those spaces where I'm obviously rambling.

But, peddling back a little — how was THAT for a farewell to the summer race series!? Those who were there, you know what I'm talking about (elbow nudge), and those that are reading this and slowly raising an eyebrow, I wouldn't worry about it, because apart from four ambulances, a fire truck, the fear of a shoulder dislocation, head injury, missing teeth, leg gash, and a few flat tyres, not much really happened...

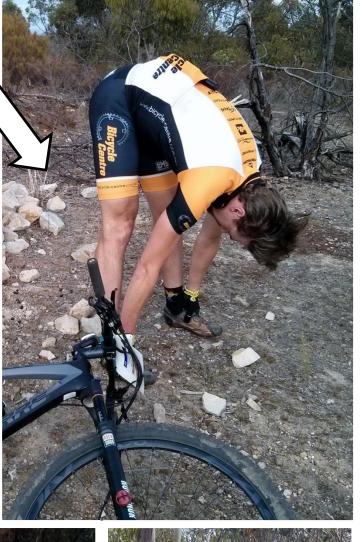
Hi, I'm Chelsea – welcome to the series!













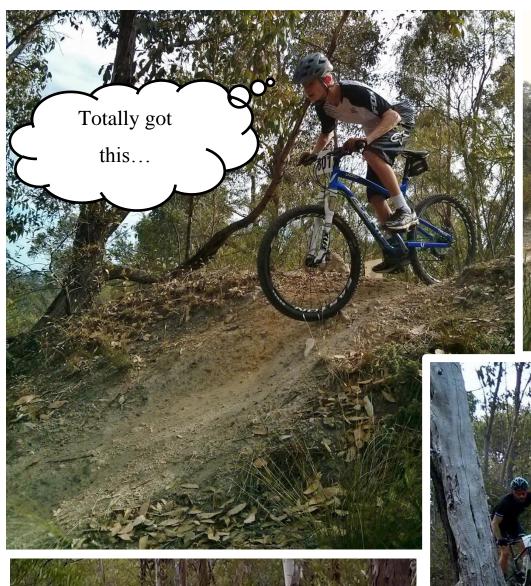




2015 AMBC SUMMER SERIES XC RACE

ROUND 4 RESULTS - EAGLE MTB

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| B Female 203 2 Tessa Manning 4 00:18:19.5 00:17:21.3 00:18:35.6 00:18:58.7 01:13:15.1 C Grade 308 1 Andrew Hawkes 4 00:13:43.7 00:12:50.2 00:12:55.4 00:12:58.5 00:52:27.7 C Grade 309 2 Tim Klein 4 00:13:52.9 00:12:50.7 00:13:01.4 00:13:02.1 00:52:27.7 C Grade 312 3 Lachlan Palmer 4 00:13:53.2 00:13:49.8 00:13:23.7 00:13:23.7 00:15:25.1 00:55:14.6 C Grade 301 5 Jarrod Clark 4 00:14:24.1 00:13:49.8 00:13:31.7 00:15:31.7 00:55:14.6 C Grade 301 5 Jarrod Clark 4 00:14:24.1 00:13:49.8 00:13:31.7 00:14:37.7 00:55:14.6 C Grade 301 7 Stephen Manson 4 00:15:27.7 00:14:25.2 00:14:21.6 00:14:37.7 00:57:32.6 C Grade 307 9 Luke Hallam <td>B Grade</td> <td>106</td> <td>11</td> <td>Damien O'Dea</td> <td>1</td> <td>01:20:10.4</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>01:20:10.4</td> | B Grade | 106 | 11 | Damien O'Dea | 1 | 01:20:10.4 | | | | | | 01:20:10.4 |
| C Grade 308 1 Andrew Hawkes 4 00:13:43.7 00:12:50.2 00:12:55.4 00:12:58.5 00:52:27.7 C Grade 309 2 Tim Klein 4 00:13:52.9 00:12:54.7 00:13:02.1 00:52:51.1 C Grade 312 3 Lachlan Palmer 4 00:13:53.2 00:13:40.4 00:13:77.7 00:13:23.5 00:53:58.8 C Grade 311 3 Darrod Clark 4 00:14:40.7 00:13:35.8 00:13:37.7 00:13:31.7 00:55:03.8 C Grade 301 5 Jarrod Clark 4 00:14:40.7 00:13:58.8 00:13:31.7 00:55:03.8 C Grade 302 6 Jarred Clarke 4 00:14:24.1 00:13:34.8 00:13:31.7 00:13:31.7 00:55:03.8 C Grade 311 7 Stephen Manson 4 00:15:27.7 00:14:25.2 00:14:00.0 00:13:39.6 00:57:32.6 C Grade 307 9 Luke Hallam 2 00:15:32.9 01:18:29.8 | B Female | 204 | 1 | Rebecca Ormsby | 4 | 00:17:06.9 | 00:15:59.5 | 00:16:54.6 | 00:16:57.7 | | | 01:06:58.8 |
| C Grade 309 2 Tim Klein 4 00:13:52.9 00:12:54.7 00:13:01.4 00:13:02.1 00:52:51.1 C Grade 312 3 Lachlan Palmer 4 00:13:53.2 00:13:04.4 00:13:23.5 00:33:58.8 C Grade 313 4 Darien Penno 4 00:14:18.0 00:13:49.8 00:13:29.3 00:13:37.4 00:55:14.6 C Grade 301 5 Jarrod Clarke 4 00:14:40.7 00:13:48.8 00:13:37.7 00:13:37.7 00:55:14.6 C Grade 301 7 Stephen Manson 4 00:15:27.7 00:14:25.2 00:14:20.0 00:13:39.6 00:57:32.6 C Grade 301 7 Stephen Manson 4 00:15:27.7 00:14:25.2 00:14:00.0 00:13:39.6 00:57:32.6 C Grade 307 9 Luke Hallam 2 00:15:32.9 01:18:29.8 00:17:47.1 00:33:08.8 C Grade 401 2 Jasper Dowdell 3 00:14:37.7 00:14:03.2 | B Female | 203 | 2 | Tessa Manning | 4 | 00:18:19.5 | 00:17:21.3 | 00:18:35.6 | 00:18:58.7 | | | 01:13:15.1 |
| C Grade 312 3 Lachlan Palmer 4 00:13:53.2 00:13:04.4 00:13:23.5 00:53:58.8 C Grade 313 4 Darien Penno 4 00:14:18.0 00:13:49.8 00:13:29.3 00:13:37.4 00:55:14.6 C Grade 301 5 Jarrod Clark 4 00:14:40.7 00:13:56.8 00:13:51.5 00:13:31.7 00:56:03.8 C Grade 302 6 Jarrod Clark 4 00:14:24.1 00:13:48.0 00:14:21.6 00:14:37.7 00:57:11.4 C Grade 301 7 Stephen Manson 4 00:15:27.7 00:14:25.2 00:14:20.0 00:13:39.6 00:57:32.6 C Grade 304 8 Jordan Cole 3 00:17:31.8 00:17:50.0 00:17:47.1 00:53:30.8 C Grade 307 9 Luke Hallam 2 00:15:32.9 01:18:29.8 00:17:47.1 00:33:30.8 C Grade 401 1 William (Will) Goli 3 00:14:37.7 00:14:30.2 00:13:35.2 | C Grade | 308 | 1 | Andrew Hawkes | 4 | 00:13:43.7 | 00:12:50.2 | 00:12:55.4 | 00:12:58.5 | | | 00:52:27.7 |
| C Grade 313 4 Darien Penno 4 00:14:18.0 00:13:49.8 00:13:29.3 00:13:37.4 00:55:14.6 C Grade 301 5 Jarrod Clark 4 00:14:40.7 00:13:56.8 00:13:54.5 00:13:31.7 00:56:03.8 C Grade 302 6 Jarred Clarke 4 00:14:24.1 00:13:48.0 00:14:21.6 00:14:37.7 00:57:11.4 C Grade 311 7 Stephen Manson 4 00:15:27.7 00:14:25.2 00:14:37.7 00:14:37.7 00:53:08.8 C Grade 304 8 Jordan Cole 3 00:17:31.8 00:17:50.0 00:17:47.1 00:53:08.8 C Grade 307 9 Luke Hallam 2 00:15:32.9 01:18:29.8 00:13:58.2 00:43:40.2 D Grade 401 1 William (Will) Gol: 3 00:14:37.7 00:14:03.2 00:13:58.2 00:43:44.3 D Grade 405 3 Terry Golding 3 00:16:52.9 00:16:02.5 00:15:52.8 | C Grade | 309 | 2 | Tim Klein | 4 | 00:13:52.9 | 00:12:54.7 | 00:13:01.4 | 00:13:02.1 | | | 00:52:51.1 |
| C Grade 301 5 Jarrod Clark 4 00:14:40.7 00:13:56.8 00:13:54.5 00:13:31.7 00:56:03.8 C Grade 302 6 Jarred Clarke 4 00:14:24.1 00:13:56.8 00:14:37.7 00:57:11.4 C Grade 311 7 Stephen Manson 4 00:15:27.7 00:14:25.2 00:14:00.0 00:13:39.6 00:57:32.6 C Grade 304 8 Jordan Cole 3 00:17:31.8 00:17:50.0 00:17:47.1 00:53:08.8 C Grade 307 9 Luke Hallam 2 00:15:32.9 01:18:29.8 01:34:02.7 D Grade 401 1 William (Will) Goli 3 00:14:37.7 00:14:24.4 00:13:58.2 00:42:39.1 D Grade 401 2 Jasper Dowdell 3 00:14:59.3 00:14:24.4 00:14:20.6 00:43:44.3 D Grade 402 4 Bill Frame 3 00:16:25.9 00:15:56.8 00:49:13.9 D Grade 400 6 | C Grade | 312 | 3 | Lachlan Palmer | 4 | 00:13:53.2 | 00:13:04.4 | 00:13:37.7 | 00:13:23.5 | | | 00:53:58.8 |
| C Grade 302 6 Jarred Clarke 4 00:14:24.1 00:13:48.0 00:14:21.6 00:14:37.7 00:57:11.4 C Grade 311 7 Stephen Manson 4 00:15:27.7 00:14:25.2 00:14:00.0 00:13:39.6 00:57:32.6 C Grade 304 8 Jordan Cole 3 00:17:31.8 00:17:50.0 00:17:47.1 00:53:08.8 C Grade 307 9 Luke Hallam 2 00:13:32.9 01:18:29.8 00:13:35.2 00:42:39.1 D Grade 404 1 William (Will) Goli 3 00:14:59.3 00:14:20.6 00:42:39.1 D Grade 405 3 Terry Golding 3 00:16:25.9 00:16:02.5 00:15:52.8 00:47:51.3 D Grade 402 4 Bill Frame 3 00:16:54.2 00:16:02.5 00:15:56.8 00:47:51.3 D Grade 400 6 Neil Penno 3 00:16:30.4 00:17:13.3 00:16:12.2 00:05:00.0 <1st Aid bonus | C Grade | 313 | 4 | Darien Penno | 4 | 00:14:18.0 | 00:13:49.8 | 00:13:29.3 | 00:13:37.4 | | | 00:55:14.6 |
| C Grade 311 7 Stephen Manson 4 00:15:27.7 00:14:25.2 00:14:00.0 00:13:39.6 00:57:32.6 C Grade 304 8 Jordan Cole 3 00:17:31.8 00:17:50.0 00:17:47.1 00:53:08.8 C Grade 307 9 Luke Hallam 2 00:14:37.7 00:14:03.2 00:13:58.2 00:42:39.1 D Grade 404 1 William (Will) Goli 3 00:14:59.3 00:14:24.4 00:14:20.6 00:43:44.3 D Grade 401 2 Jasper Dowdell 3 00:16:25.9 00:16:02.5 00:15:22.8 00:47:51.3 D Grade 405 3 Terry Golding 3 00:16:25.9 00:16:02.5 00:15:56.8 00:47:51.3 D Grade 402 4 Bill Frame 3 00:16:54.2 00:16:22.9 00:15:56.8 00:49:13.9 D Grade 400 6 Neil Penno 3 00:16:30.4 00:17:50.0 00:05:00.0 1st Aid bonus 00:55:20.6 | C Grade | 301 | 5 | Jarrod Clark | 4 | 00:14:40.7 | 00:13:56.8 | 00:13:54.5 | 00:13:31.7 | | | 00:56:03.8 |
| C Grade 304 8 Jordan Cole 3 00:17:31.8 00:17:50.0 00:17:47.1 00:53:08.8 C Grade 307 9 Luke Hallam 2 00:15:32.9 01:18:29.8 01:34:02.7 D Grade 404 1 William (Will) Goli 3 00:14:37.7 00:14:20.6 00:42:39.1 D Grade 401 2 Jasper Dowdell 3 00:14:59.3 00:14:24.4 00:14:20.6 00:43:44.3 D Grade 405 3 Terry Golding 3 00:16:25.9 00:16:02.5 00:15:22.8 00:47:51.3 D Grade 402 4 Bill Frame 3 00:16:22.9 00:15:56.8 00:49:13.9 D Grade 400 6 Neil Penno 3 00:21:10.0 00:17:13.3 00:16:12.2 00:05:00.0 <1st Aid bonus | C Grade | 302 | 6 | Jarred Clarke | 4 | 00:14:24.1 | 00:13:48.0 | 00:14:21.6 | 00:14:37.7 | | | 00:57:11.4 |
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| D Grade 404 1 William (Will) Gol 3 00:14:37.7 00:14:03.2 00:13:58.2 00:42:39.1 D Grade 401 2 Jasper Dowdell 3 00:14:59.3 00:14:24.4 00:14:20.6 00:43:44.3 D Grade 405 3 Terry Golding 3 00:16:25.9 00:16:02.5 00:15:56.8 00:47:51.3 D Grade 402 4 Bill Frame 3 00:16:54.2 00:16:22.9 00:15:56.8 00:49:13.9 D Grade 410 6 Neil Penno 3 00:21:10.0 00:17:13.3 00:16:12.2 00:05:00.0 <1st Aid bonus | C Grade | 304 | 8 | Jordan Cole | 3 | 00:17:31.8 | 00:17:50.0 | 00:17:47.1 | | | | 00:53:08.8 |
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| D Grade 806 5 Ethan Miller 3 00:16:30.4 00:17:42.2 00:17:50.0 00:52:02.6 D Grade 409 7 James Irving 3 00:14:15.0 00:27:53.7 00:13:25.9 00:55:34.6 D Grade 407 8 Chris Hutchesson 3 00:19:05.4 00:18:57.9 00:18:22.0 00:56:25.3 D Grade 801 9 Jack Alfred 2 00:21:39.0 00:21:54.7 00:43:33.7 E Grade 804 1 Thomas Kelly 2 00:17:54.6 00:16:54.3 00:34:48.9 E Grade 803 2 Oliver Hallam 2 00:20:12.2 00:18:33.0 00:38:45.2 E Grade 703 3 Roland Wells 2 00:20:48.9 00:21:05.1 00:41:54.0 E Grade 802 4 Sam Golding 2 00:20:55.4 00:21:06.9 00:42:02.3 E Grade 701 5 Anthony Marston 2 00:23:45.6 00:22:46.8 00:40:32.4 E Grade 702 6 Paul Miller 2 00:24:22.9 | D Grade | 402 | 4 | Bill Frame | 3 | 00:16:54.2 | 00:16:22.9 | 00:15:56.8 | | | | 00:49:13.9 |
| D Grade 409 7 James Irving 3 00:14:15.0 00:27:53.7 00:13:25.9 00:55:34.6 D Grade 407 8 Chris Hutchesson 3 00:19:05.4 00:18:57.9 00:18:22.0 00:56:25.3 D Grade 801 9 Jack Alfred 2 00:21:39.0 00:21:54.7 00:43:33.7 E Grade 804 1 Thomas Kelly 2 00:16:54.3 00:34:48.9 E Grade 803 2 Oliver Hallam 2 00:20:12.2 00:18:33.0 00:38:45.2 E Grade 703 3 Roland Wells 2 00:20:48.9 00:21:05.1 00:41:54.0 E Grade 802 4 Sam Golding 2 00:20:55.4 00:21:06.9 00:42:02.3 E Grade 701 5 Anthony Marston 2 00:22:46.8 00:46:32.4 E Grade 702 6 Paul Miller 2 00:24:22.9 00:25:54.4 E Grade 805 7 Liam Marston 2 00:31:13.2 00:34:26.4 | D Grade | 410 | 6 | Neil Penno | 3 | 00:21:10.0 | 00:17:13.3 | 00:16:12.2 | 00:05:00.0 | <1st | Aid bonus | 00:49:35.5 |
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| E Grade 804 1 Thomas Kelly 2 00:17:54.6 00:16:54.3 00:34:48.9 E Grade 803 2 Oliver Hallam 2 00:20:12.2 00:18:33.0 00:38:45.2 E Grade 703 3 Roland Wells 2 00:20:48.9 00:21:05.1 00:41:54.0 E Grade 802 4 Sam Golding 2 00:20:55.4 00:21:06.9 00:42:02.3 E Grade 701 5 Anthony Marston 2 00:23:45.6 00:22:46.8 00:46:32.4 E Grade 702 6 Paul Miller 2 00:24:22.9 00:25:54.4 00:50:17.4 E Grade 805 7 Liam Marston 2 00:31:13.2 00:34:26.4 01:05:39.6 | D Grade | 407 | 8 | Chris Hutchesson | 3 | 00:19:05.4 | 00:18:57.9 | 00:18:22.0 | | | | 00:56:25.3 |
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| E Grade 805 7 Liam Marston 2 00:31:13.2 00:34:26.4 01:05:39.6 | E Grade | 701 | 5 | Anthony Marston | 2 | 00:23:45.6 | 00:22:46.8 | | | | | 00:46:32.4 |
| | E Grade | 702 | 6 | Paul Miller | 2 | 00:24:22.9 | 00:25:54.4 | | | | | 00:50:17.4 |
| E Grade 807 8 Mackenzie O'Dea 1 00:38:17.0 00:38:17.0 | E Grade | 805 | 7 | Liam Marston | 2 | 00:31:13.2 | 00:34:26.4 | | | | | 01:05:39.6 |
| | E Grade | 807 | 8 | Mackenzie O'Dea | 1 | 00:38:17.0 | | | | | | 00:38:17.0 |













Coming from a long history in mountain biking and racing (probably pushing a whole year and a half now), I'm not one to chicken out of a good track... unless that track is at Eagle MTB Park! Sure the place has panoramic views of Adelaide, a generous 22+km of trail, and a fine place in South Australia's history of becoming our first dedicated mountain bike park, but it is also built on an abandoned quarry, which to me says - loose rocks, big boulders, and whole lotta sharp edges, where unless your skills are hard up to scratch, this terrain will take you for granite!... no? Quartz you out? ... no? Shale I continue? ... Ok, I'm done.

A massive congratulations to everyone who did compete though! For me, it was somewhere in the middle of the tight switch-backs, low-lying branches, slippery surfaces and sudden drop-offs, where you would have found my complete and undying respect. But all cringing aside, I have to admit, this certainly was one awesome track to witness some serious talent, good competition, and great participation! - starting on *Hawkeye*, then flicking out on to the rolling rubble of *Eagle Way*, into *South Side*, crossing the *Verge* into *Tunnel Vision* where you take on the double roll-in/death drops between the trees, before eventually spitting back out onto fire road, and crossing the line between me and my camera.

Thank you's:

A huge thanks to everyone who came out and raced! Your feedback was awesome. Your faces on film were fantastic. And your enthusiasm makes me want to get back on the bike and take on Eagle again! Thanks to St. Johns and SA Ambulance team – it must have been

great for you guys to finally see some action... maybe not so great for the action-ers. Thanks to those who chose to stop and help out a fellow fallen MTBer! And lastly, but not leastly, a massive thanks to all the volunteers that helped out before, during and after the fun! We appreciate your awesomeness!

Shock Newsfeed:

Researchers for the S.A. Road & Transport Authority found over 200 dead ravens near the bottom of Princess Highway recently, raising the concern that there might be an outbreak of Avian Flu. However, a bird pathologist

examined the remains of all the ravens and has confirmed that it is *not* Avian Flu. The cause of death appeared to be vehicular impacts. However, during the analysis, it was noted that varying colours appeared on the bird's beaks and claws. An examination of these paint residues has determined that 98% of the ravens have been killed by truck impact, while the other 2% was by car impact. An Ornithological (bird) Behaviourist has been hired to identify the cause for the disproportionate percentages of truck impacts vs. car impacts. The Behaviourist has identified the cause, and has reported:

When ravens eat road kill, they always have a 'look-out' raven in a nearby vantage point, to warn of any impending dangers.

They discovered that while all the 'look-out' ravens could shout "CAH! CAH!", not a single one could shout "TRUCK!"





Coming up...



AKA: SAVE THESE DATES!

1ST RACE: 19 April @ Fox Creek!

2nd RACE: 31 May @ Prospect Hill!

3rd RACE: 21 June @ Craigburn!

All races are open for entry – for the whole season!

















NOTE: In case of permanent artistic interest: Taiwanese character was found on the internet. Translation may not be 100% accurate.

("word" Taiwanese")



S

"Word!"

(American accent)

"G'day"

RIDE GIAN





AMBC Committee Members:

President: Treasurer:

Vice President/secretary:

Race Director:

Junior Coordinator:

Volunteer Coordinator:

Trails Officer: Sponsorship:

Timing Coordinator:

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Scott Keneally
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Tom Bamman Scott Denton

CONTACT

Website: ambc.asn.au Email: info@ambc.asn.au Phone: 0408 840 610

Address: PO Box 134, Lobethal, SA 5241

fat chat V2

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