

fat chat

V2

Julia Massey – showing off her finest smile!

Adelaide Mountain Bike Club Newsletter
Fox Creek May Issue 2015

THE *MUD* ISSUE

Hi everyone, I'm Chelsea, and welcome back to the second instalment of my now monthly tradition. – the *fat chat* (Version 2) series!

First and foremost, a somewhat sincere apology for the general lateness of this newsletter's release – but it was clearly all part of my grand plan to rev up this weekend's race! Which is at Prospect Hill... 31st of May... **this Sunday**... Prospect Hill... Register... before Sunday... Prospect Hill.

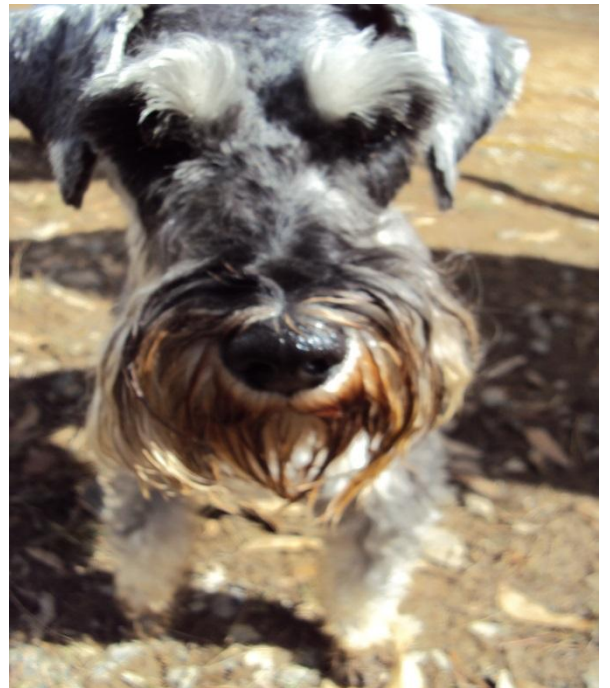
Now that you have no excuse, allow me to take you back through the latest test for the tyres with a month's worth of mud and dirt and all things unclean!

Starting with this writer's favourite of races, we had the kick off to the **Hammer Nutrition Winter Enduro Series!** which brought the sport four hours of non-stop slop, fun and pine forest adventure!

Hey, wanna hear a dirty joke?
...Someone fell in the mud.

(Eh hem) Much like the rain, I managed to follow the week right into Adelaide's own Junior Development Camp by MTBA! An awesome weekend which saw 11 of our local, (and finest) under 17 and under 15yo legends in the making, show off their knowledge and skills under the instruction of some of mountain biking Australia's most iconic figures! (I know, I shouldn't brag).

And to finish this edition on a muddy high, I've snuck in some pics from PACC's first round of the CX Crossfire Cup Series, and Bike SA's 24hr “*Dirty Weekend!*” – an annual *personal* favourite of one of the muddiest of muddy weekends... which, ironically saw no mud.





Fox Creek Forecast:
a barmy 7°C
morning with a
chance of rain, a drop
of sun and just a
touch of MUD!



I did NOT fall down, I attacked the floor!

someecards
user card



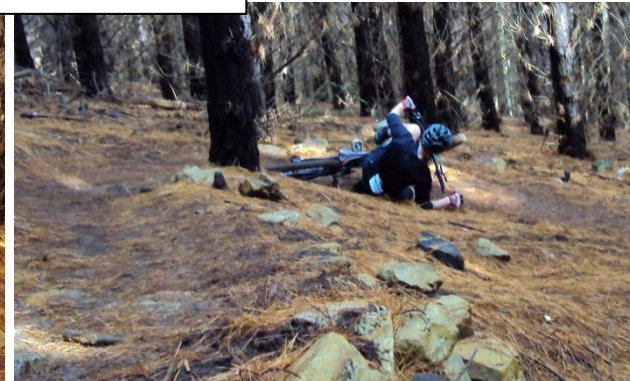
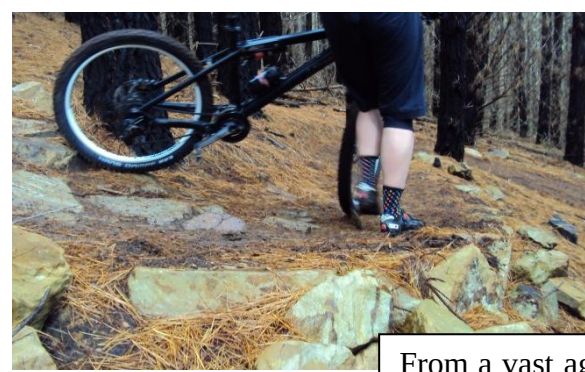
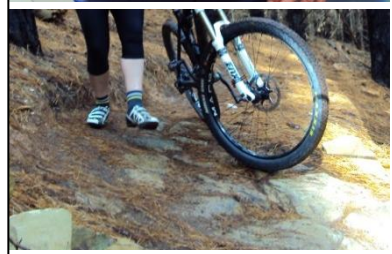
From a vast agricultural history (according to my extensive research) reaching as far back as 1838, to a fairly recent, more destructive history of being a site for commercial timber, Fox Creek is fast becoming one of the most beautiful, accessible, and sustainable, protected trail networks in the local South Australian Hills. So, deciding to host our first Winter Enduro Race here is like having a birthday party in an ice-cream store – just an all-round good idea, really. And while we're on the topic of firsts - of the whopping 133 competitors entered, wasn't it just awesome to see a few first timers out there! (Not that you repeating offenders aren't always good to see, also).

But what a result from our fresh faces – with Tara Ross taking out second place in Elite Females, and Daniela Coutinho scoring a sneaky first place in the Female Duo's, (with yours truly)! ... Granted, we were the only female duo, but hey – just goes to show how much fun you can have on your first MTB race ever! ... and how few female competitors there are – up your race game ladies!

Track memories:

Aside from being tacky, and slippery as all fun!, the starting track built up your confidence with the flowing down trails of the *XC Forest Network*, then somehow found you testing your suspension against the freshly polished rocks of the *Rocky Outcrops*, before throwing you into the most glorious, perilous, victorious, of track sections through (insert lost trail memory), a quick trip into *Around the Knoll*, then onto a crowd-rich finish at the top of the *Easy Rider* western trail loop, where conveniently, you would find your friendly local vollies working hard at the BBQ, and a small collection of exploded rear hubs, broken chains, the (ever-favourite) flat tyre, broken thumb and some generous leg cramps.

A huge thank you to everyone that came out and raced on the day! Especially to Michael Denton, who (wobbled) away with first place, overall! Well done to all the nubes! And of course a massive thanks to all our volunteers – especially those that volunteered AND raced! (“cough” Braithewaite “cough”).



Next race is Hammer Nutrition 4hr Enduro Round 2 @ Prospect Hill - 31st May 2015

Thanks to: **Registration:** Chelsea Hooton, Anna Puckridge; **Race Brief:** The Illustrious Time Keeper

Course/track setup: David Knight (*Committee*), Griff Knight, Nick Noske, Craig Hutchins;

Course Packup: Paul Massey, Annie Knight, James Irving; **I can help with everything!:** David Braithwaite (stellar performance!)

BBQ: Betina Denton, Amelia Denton, Unknown gentleman (email racevolunteers@ambc.asn.au and let us know who you were!)

Special thanks to: Human Projectiles, Forestry SA, Anderson Hill Winery and Adelaide Hills Council for their commitment to the trails

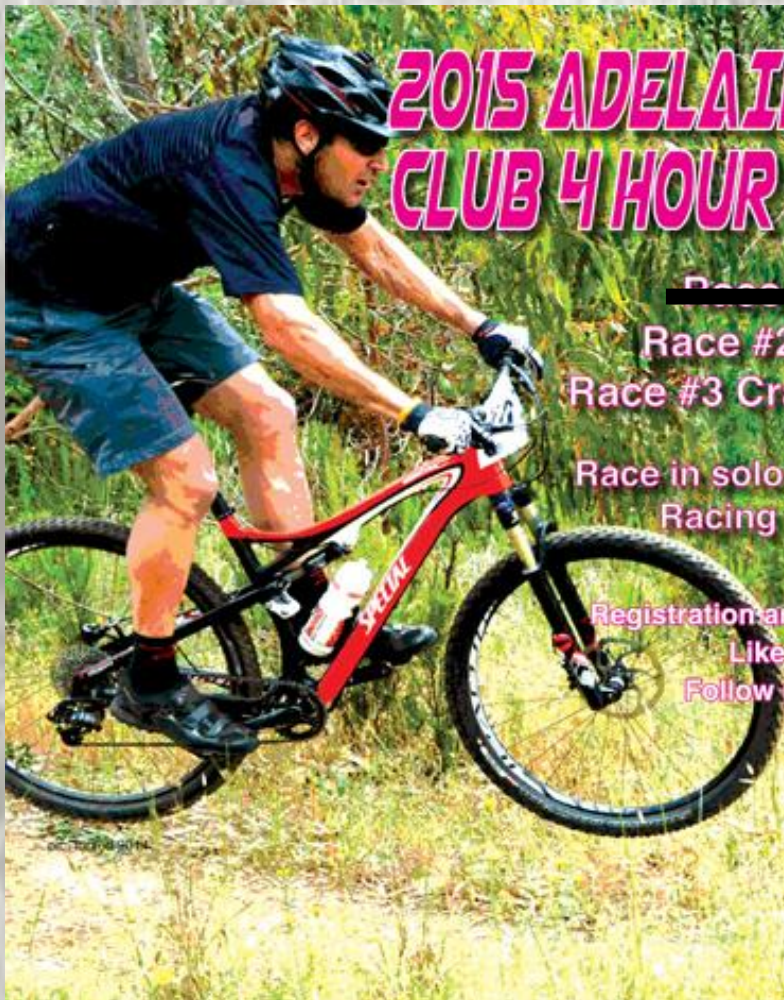


Category	No	PIC	Rider/Team	Laps	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	TOTAL
Elite Male	53	1	Michael Denton	7	00:36:08.5	00:35:58.1	00:36:16.6	00:37:19.2	00:37:48.7	00:39:28.0	00:41:11.7	04:24:10.8
Elite Male	5	2	Ben Hogarth	7	00:34:23.0	00:36:19.7	00:37:04.7	00:39:07.8	00:40:11.7	00:40:39.9	00:41:26.2	04:29:13.1
Elite Male	55	3	Rohan Baird	7	00:36:21.6	00:36:30.3	00:37:28.8	00:39:11.2	00:40:04.0	00:42:03.6	00:45:10.4	04:36:49.9
Elite Male	4	4	Angus Hogben	6	00:36:12.0	00:35:56.1	00:36:43.7	00:40:52.1	00:45:20.8	00:44:39.5		03:59:44.3
Elite Male	1	5	Adrian Scott	6	00:37:49.6	00:37:40.5	00:39:28.4	00:41:24.9	00:44:01.8	00:40:52.1		04:01:17.2
Elite Male	56	6	Tristan Jones	6	00:36:15.1	00:36:30.4	00:38:27.6	00:40:55.1	00:44:39.0	00:47:11.3		04:03:58.5
Elite Male	10	7	Ian McGraw	6	00:37:57.2	00:38:35.2	00:39:51.1	00:41:35.0	00:44:25.9	00:46:14.2		04:08:38.7
Elite Male	52	8	Marc Freemantle	6	00:38:09.3	00:37:15.1	00:41:22.8	00:44:14.4	00:44:22.2	00:43:17.3		04:08:41.0
Elite Male	13	9	Kevin Pullen	6	00:39:56.7	00:40:28.4	00:41:53.9	00:42:29.1	00:41:37.7	00:43:59.4		04:10:25.1
Elite Male	2	10	Andrew Burley	6	00:39:17.7	00:39:42.7	00:40:54.5	00:44:14.6	00:47:41.5	00:48:44.8		04:20:35.8
Elite Male	9	11	Griff Knight	6	00:38:14.1	00:39:07.5	00:42:21.1	00:49:58.2	00:46:41.6	00:45:53.9		04:22:16.4
Elite Male	54	12	Nick Stokoe	6	00:40:47.6	00:41:48.1	00:45:01.9	00:47:00.0	00:48:18.1	00:47:34.4		04:30:30.1
Elite Male	50	13	Liam Jeffries	5	00:34:00.7	00:35:08.7	00:37:04.3	00:38:43.6	00:45:18.5			03:10:15.8
Elite Male	3	14	Andrew Duncan	5	00:39:41.7	00:38:52.8	00:39:58.2	00:43:11.5	00:46:00.8			03:27:44.9
Elite Male	11	15	Jarrold Clark	5	00:43:10.1	00:42:49.0	00:48:03.9	00:49:44.3	00:50:08.8			03:53:56.2
Elite Male	7	16	Clint Draper	5	00:42:19.7	00:59:01.1	00:50:05.5	00:44:19.5	00:43:30.9			03:59:16.8
Elite Male	6	17	Christopher Crocker	3	00:39:10.0	00:39:57.9	00:42:50.1					02:01:58.0
Elite Male	15	18	Lea Holland	3	00:42:16.7	00:54:44.6	00:50:01.2					02:27:02.4
Elite Male	14	19	Kym Bellett	3	00:54:53.9	01:01:53.8	01:10:14.0					03:07:01.7
Elite Male	12	20	Jason Morrison	2	00:37:56.1	00:39:27.6						01:17:23.7
Elite Male	8	21	Darius Kubilius	1	00:41:03.2							00:41:03.2
Elite Female	102	1	Aurelia Strozik	5	00:49:59.4	00:51:59.1	00:55:05.4	00:55:05.5	00:55:25.3			04:27:34.7
Elite Female	104	2	Tara Ross	5	00:53:28.9	00:54:04.5	00:54:22.4	00:54:29.5	00:59:28.2			04:35:53.5
Elite Female	103	3	Kelly Charlton	4	00:48:16.3	01:03:54.4	00:46:17.3	01:03:25.8				03:41:53.8
Elite Female	105	4	Jaymi Bowyer	4	00:59:00.4	01:02:15.3	01:16:08.3	01:09:28.1				04:26:52.1
Solo Male	217	1	Tim Klein	6	00:42:13.4	00:42:58.4	00:46:40.6	00:49:24.7	00:50:46.4	00:57:16.7		04:49:20.3
Solo Male	214	2	Michael Roennfeldt	5	00:46:08.3	00:44:16.0	00:47:15.7	00:48:28.1	00:46:44.4			03:52:52.4
Solo Male	208	3	David Poulsen	5	00:42:06.9	00:45:01.5	00:52:52.9	00:54:29.7	00:51:45.2			04:06:16.2
Solo Male	206	4	Daniel Morgan	5	00:45:24.9	00:46:02.6	00:50:56.4	00:53:28.7	00:52:39.2			04:08:31.8
Solo Male	210	5	James Irving	5	00:46:07.9	00:45:18.6	00:54:55.8	00:54:03.0	00:51:54.3			04:12:19.7
Solo Male	213	6	Matt Leeder	5	00:46:21.9	00:48:29.2	00:55:13.1	00:55:47.9	00:58:06.2			04:23:58.3
Solo Male	218	7	Tom Allen	5	00:47:33.0	00:50:11.2	00:53:17.6	00:56:50.3	00:56:59.3			04:24:51.3
Solo Male	211	8	Lachlan Palmer	5	00:45:43.4	00:55:38.2	00:49:49.3	00:56:07.3	00:57:54.0			04:25:12.2
Solo Male	201	9	Andrew Hawkes	4	00:44:05.0	00:45:56.0	00:51:26.2	01:01:22.6				03:22:49.7
Solo Male	216	10	Scott Hamilton	4	00:45:12.9	00:55:46.2	00:48:33.7	00:58:12.1				03:27:44.9
Solo Male	209	11	Duncan Forbes	4	00:45:10.7	00:55:53.3	00:56:27.2	00:54:45.6				03:32:16.8
Solo Male	212	12	Mark Thomson	4	00:52:02.4	00:55:14.7	00:59:05.6	01:07:16.0				03:53:38.7
Solo Male	205	13	Craig Lawn	4	00:51:42.7	01:01:51.7	01:05:09.3	01:05:55.6				04:04:39.3
Solo Male	207	14	Daniel Sander	3	00:57:16.4	00:56:54.6	01:01:30.6					02:55:41.6
Solo Male	203	15	Chris Hutchesson	3	00:58:08.8	00:59:08.1	01:14:27.9					03:11:44.8
Solo Male	219	16	Wade Smith	3	01:06:19.6	01:16:29.9	01:28:01.0					03:50:50.5
Solo Male	202	17	Bevan Jones	2	00:43:17.5	00:59:38.8						01:42:56.2
Solo Male	204	18	Chris Imeson	2	00:57:18.2	00:57:48.2						01:55:06.4
Solo Female	401	1	Emma McCambridge	3	01:24:48.1	01:18:22.6	01:42:29.0					04:25:39.7
Solo Female	402	2	Marika Suszko	2	01:13:34.4	01:43:04.6						02:56:39.1



Solo Male 40+	309	1	Darren Hobby	6	00:40:25.6	00:40:46.8	00:44:54.5	00:45:27.5	00:50:20.4	00:46:13.7	04:28:08.6
Solo Male 40+	307	2	Daniel Wade	5	00:38:55.1	00:44:17.9	00:47:28.6	00:52:04.4	00:48:26.0		03:51:12.0
Solo Male 40+	314	3	Geoff Luders	5	00:42:09.7	00:43:29.6	00:46:38.3	00:48:52.0	00:52:44.9		03:53:54.4
Solo Male 40+	320	4	Nicholas Tilbrook	5	00:47:57.9	00:46:29.1	00:48:27.1	00:49:12.4	00:49:50.5		04:01:57.1
Solo Male 40+	322	5	Simon Taylor	5	00:46:36.1	00:46:56.3	00:50:28.8	00:49:40.2	00:48:50.3		04:02:31.6
Solo Male 40+	313	6	Erik Lock	5	00:45:53.5	00:44:14.4	00:47:26.1	00:55:26.6	00:50:38.3		04:03:38.8
Solo Male 40+	308	7	Darren Munro	5	00:43:22.0	00:44:48.2	00:49:59.5	00:55:31.1	00:52:17.1		04:05:57.8
Solo Male 40+	324	8	Stephane Tournier	5	00:44:18.2	00:45:49.3	00:56:49.4	00:53:26.4	00:55:29.8		04:15:53.0
Solo Male 40+	312	9	David Knight	5	00:47:06.0	00:47:26.0	00:56:21.1	00:55:51.7	00:56:03.7		04:22:48.4
Solo Male 40+	302	10	Bill Frame	5	00:45:48.4	00:52:46.4	00:56:59.2	01:01:07.8	01:02:41.3		04:39:23.2
Solo Male 40+	321	11	Nuno Goncalves	4	00:50:39.4	00:54:27.0	00:57:28.7	01:01:18.0			03:43:53.1
Solo Male 40+	301	12	Andrew Fleming	4	01:05:52.1	00:58:31.4	01:14:19.8	00:57:22.4			04:16:05.7
Solo Male 40+	315	13	Matthew Sanderson	3	00:41:36.1	00:41:48.7	00:43:09.0				02:06:33.9
Solo Male 40+	304	14	Brenton Millard	3	00:48:54.7	00:49:09.6	00:57:53.4				02:35:57.7
Solo Male 40+	319	15	Neil Penno	3	00:55:32.1	00:59:13.1	01:05:45.8				03:00:30.9
Solo Female 40+	501	1	Julia Massey	4	01:04:14.8	01:11:36.7	01:16:15.4	01:14:45.7			04:46:52.6
Solo Female 40+	502	2	Natarlie Hobby	3	01:02:12.7	01:09:00.0	01:15:18.4				03:26:31.0
Solo Junior	603	1	Jarred Clarke	5	00:46:13.0	00:43:21.0	00:46:06.1	00:51:58.9	00:53:18.5		04:00:57.6
Solo Junior	601	2	Bryce Penno	5	00:43:06.8	00:45:00.6	00:50:00.9	00:51:49.0	00:53:29.7		04:03:27.1
Solo Junior	604	3	Robert Allison	5	00:47:42.7	01:08:46.9	00:53:02.8	01:01:16.4	01:13:07.9		05:03:56.7
Solo Junior	907	4	Corey Ackerman	2	00:56:48.3	01:02:05.6					01:58:53.9
Duo Junior	901/902	1	Free to good home	6	00:46:06.8	00:42:15.5	00:47:16.0	00:44:49.7	00:50:07.4	01:07:10.1	04:57:45.5
Duo Junior	907/908	2	E C Riding	5	00:52:32.3	00:49:46.8	01:03:47.6	00:51:43.0	01:10:04.6		04:47:54.3
Duo Junior	905/906	3	Slow Motion	5	00:49:47.1	00:58:55.8	00:55:35.7	01:06:58.7	01:04:25.2		04:55:42.4
Duo Junior	903/904	4	Josh and Mitch	3	00:52:05.3	01:18:04.1	00:56:18.1				03:06:27.5
Duo Male	730/751	1	One by One Hooray Hooray	6	00:38:59.7	00:38:53.7	00:40:15.5	00:41:12.1	00:44:15.8	00:42:08.8	04:05:45.5
Duo Male	701/702	2	Allison	6	00:39:11.3	00:39:50.6	00:40:55.0	00:46:47.9	00:40:27.0	00:42:37.5	04:09:49.3
Duo Male	718/719	3	I hurt myself today To see	6	00:39:45.9	00:41:32.5	00:41:20.0	00:45:33.5	00:42:35.2	00:43:47.2	04:14:34.3
Duo Male	716/717	4	HellBoy and Mackey	6	00:39:08.8	00:45:52.7	00:41:38.8	00:49:28.5	00:42:56.1	00:49:34.2	04:28:39.0
Duo Male	756/757	5	Trail Blazers	5	00:43:09.5	00:50:30.7	00:44:18.7	00:54:58.1	00:44:33.6		03:57:30.7
Duo Male	728/729	6	Muzzollies	5	00:46:32.5	00:46:11.6	00:46:53.2	00:50:10.3	00:49:32.5		03:59:20.0
Duo Male	714/715	7	Dave and Phil	5	00:52:03.3	00:43:20.7	00:53:11.7	00:45:16.1	00:46:54.7		04:00:46.5
Duo Male	724/725	8	Leaping Lizards	5	00:43:12.6	00:45:32.6	00:55:08.5	00:49:41.7	00:50:08.9		04:03:44.3
Duo Male	758/759	9	Two good looking rooster	5	00:48:26.2	00:50:20.6	00:49:52.2	00:53:08.5	00:54:34.7		04:16:22.3
Duo Male	760/610	10	Wells Escargot	5	00:47:24.5	01:04:40.3	00:48:22.9	01:12:01.2	00:47:25.6		04:39:54.5
Duo Male	722/723	11	Last Minute	4	00:43:18.4	00:51:07.5	00:44:06.4	00:53:22.6			03:11:55.0
Duo Male	705/707	12	Brad and Pablo	4	00:49:52.2	00:54:17.3	00:52:09.8	00:57:23.0			03:33:42.2
Duo Male	720/721	13	Kris and Matt	4	00:46:00.4	01:02:49.9	00:45:56.9	01:02:54.6			03:37:41.8
Duo Male	752/753	14	R2D2's	4	00:49:42.5	00:56:08.7	00:52:39.7	01:02:02.9			03:40:33.8
Duo Male	754/755	15	Rex 'n' Wayne	4	00:56:35.2	01:10:53.6	01:00:50.6	01:06:05.6			04:14:25.0
Duo Male	712/713	16	DAPA	4	00:53:20.2	01:11:42.0	01:02:30.7	01:18:04.6			04:25:37.5
Duo Male	703/704	17	Blue Steak	4	00:54:08.1	01:27:43.5	01:09:49.8	01:27:11.4			04:58:52.9
Duo Male	726/727	18	Lucen	3	00:44:25.9	00:45:05.9	00:46:20.0				02:15:51.8
Duo Male	708/709	19	Brooks Brothers Racing	3	01:03:39.5	01:06:46.8	01:12:10.4				03:22:36.7
Duo Male	710/711	20	chicken legs	3	01:06:27.3	01:10:15.7	01:11:39.7				03:28:22.7
Duo Mixed	807/808	1	Mic & Nic	5	00:49:45.8	00:57:24.9	00:53:52.0	00:58:42.6	00:55:25.4		04:35:10.7
Duo Mixed	805/806	2	hutchy's	5	01:01:33.8	01:02:35.8	01:05:40.8	00:43:13.0	00:46:40.3		04:39:43.7
Duo Mixed	850/851	3	Double D's	5	00:42:52.0	00:46:21.3	00:47:07.2	00:48:53.2	01:36:21.5		04:41:35.3
Duo Mixed	809/810	4	Old n New	4	00:47:50.3	01:20:12.3	00:57:17.7	01:04:38.2			04:09:58.4
Duo Mixed	803/804	5	Fantome et Odeur Piquar	2	01:10:25.9	01:13:50.5					02:24:16.4
Duo Mixed	801/802	6	DezNPen	2	01:11:13.7	01:35:35.3					02:46:49.0
Duo Female	853/854	1	Giblets	2	01:24:42.8	01:18:25.9					02:43:08.6





**2015 ADELAIDE MOUNTAIN BIKE
CLUB 4 HOUR XC ENDURO SERIES**

~~Race #1 Fox Creek Sunday April 19~~
Race #2 Prospect Hill Sunday May 31
Race #3 Craigburn Farm Sunday June 21

Race in solo or Duo Team in various categories
Racing starts at 9am (sign in from 8.15am)

Online entry only
Registration and further information on www.ambc.asn.au
Like us on www.facebook.com/adelaidentbclub
Follow us on www.instagram.com/adelaidentbclub

HAMMER NUTRITION
ENDURANCE FUELS

ADELAIDE MTB CLUB

Coming up...

31, 21 : Easy to say, Easy to do!

~~1ST RACE: 19 April @ Fox Creek!~~

2nd RACE: 31 May @ Prospect Hill!

3rd RACE: 21 June @ Craigburn!

All races are *still* open for entry – for the whole season!



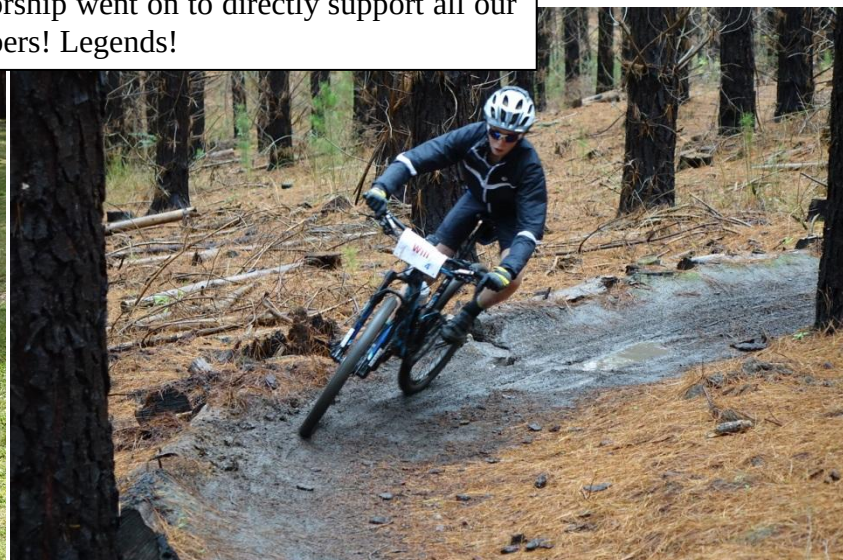
That balance point...



ADL JUNIOR DEVELOPMENT CAMP

Shiloh Hills Christian Retreat, Prospect Hill and Fox Creek MTB Park, proved three great locations for practicing some timeless tricks and riding techniques, and providing one awesome weekend for our local junior athletes, and Trainee Level 1 MTB Coaches!

But just a quick shout out to Bio-Mechanics Cycles and Repairs (BMCR) for their generous cash donation to our club! Their sponsorship went on to directly support all our Junior Club Members! Legends!



The Teacher and the Student



Cornering and...
body positioning?



The Junior Development Weekend, brought to you by our fearless leader, Evan James as Head Coach, and our modest crew of Level 1 Trainee Coaches: our very own David Knight, and Luke Hallam, Andy 'Goggles', Chris Jongewaard (I hear he's alright at riding bikes?), Darren O'Grady, Tyson Schmidt, and myself – together, presented our juniors with the perfect opportunity to learn what mountain biking is all about. With skill levels that ranged from *'just starting out'* to *'hey you, check out my mad skills'*, our juniors certainly took every opportunity to show off some serious participation, skill development, and just plain old good team work... and yes, mad skills. Some of them even took it to the next level! The DIRTY level! The 24r DIRTY LEVEL! Or more specifically, the 12hr DIRTY LEVEL. And although they put in a solid competitive effort, this writer will regrettably note - not **one of them**, wore a costume.

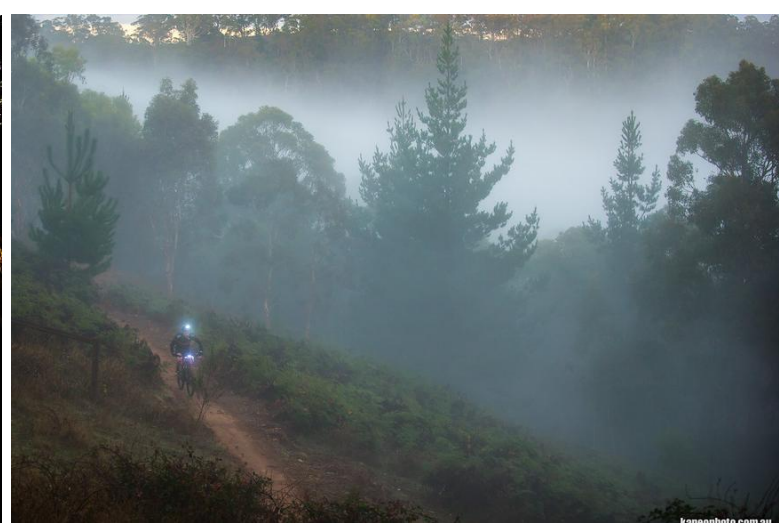
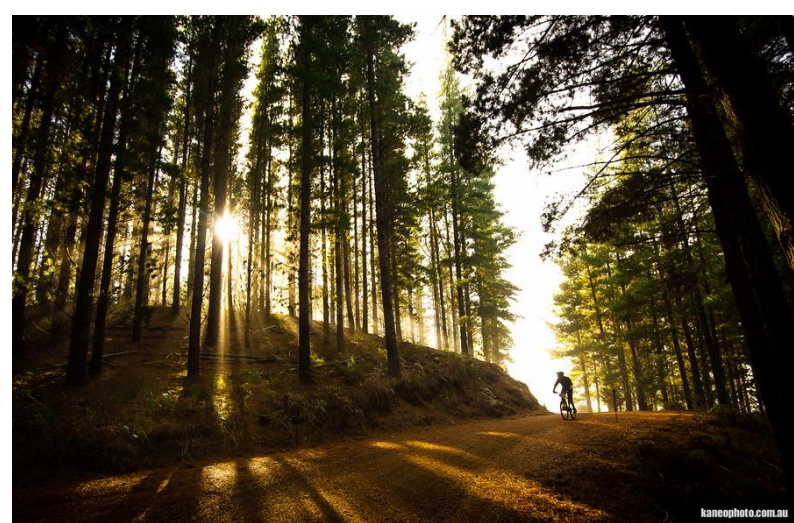
Below are just a few pics that I've stolen (with permission), and cropped from the epic weekend, by:

Kane Naraat (www.kanephoto.com.au/2015-Dirty-Weekend-Fox-Creek/),

and Sam Bruce (<https://goo.gl/m96qs4>).

For some serious talent shots, check out their webpages! And if you're interested in purchasing a fun-size print version, check out their webpages! In the meantime, **throw your hands up** for the 2015 Bike SA Dirty Weekend!... (yes, my first round of pictures was somewhat based on what punch line I could use...)





Coaches, Juniors, and AMBC represent!



THAT SET-UP!

DISCO!

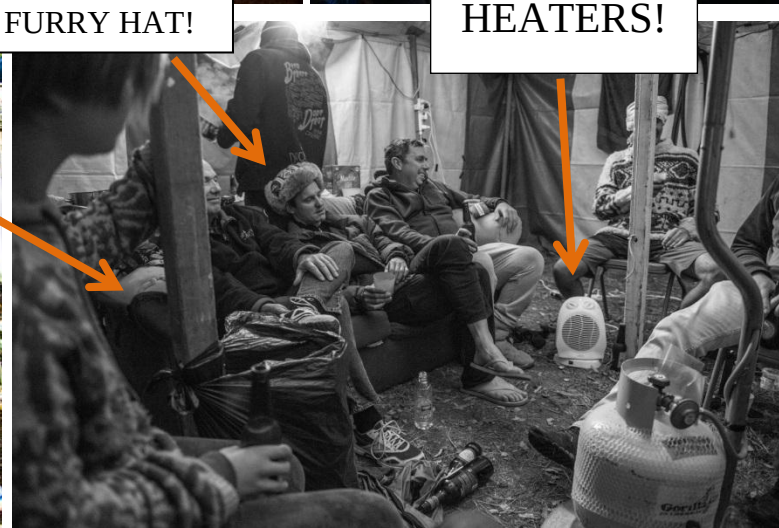
COFFEE MACHINE!

MICROWAVE!

COUCHES!

FURRY HAT!

HEATERS!





PACC CX CROSSFIRE CUP ROUND ONE!

Held at Park 15: Olives and Kitty Litter. With a solid 2.4km loop of pure race power and endurance, a wicked weave of switch-back trails and off-camber corners, and nothing but autumn views, and positive reviews from every competitor - I sure was heartbroken that I fell sick that day. Thank you PACC!





SO MUCH AWESOME!

ENDURANCE FUELS

GIANT

With generous donations, ongoing support within the GIANT WORLD OF CYCLING and a local bike shop in the heart of the city, Giant is definitely up there in our thank you list. To keep yourselves updated with some local awesomeness, check out their Facebook page, at:

<https://www.facebook.com/GCWADELAIDE/timeline>

B-D FARM PARIS CREEK

Over the years, B-D Farm has taken out the food industry podiums for their dedication to producing high quality products! And with that strong running history to hold them high, we are proud to see them back in the running for this year's SA Food Industry Awards!

To appreciate the delicious extent of their products, check out their webpage:

<http://www.bdfarmpariscreek.com.au/>

And to make sure we keep seeing B-D Farm Paris Creek dairy bag prizes at our events, vote them in!, at:

<http://safoodawards.com.au/consumer/>

MAXXIS TYRES

Straight from the box of original designs, with an enduring dedication to research and development and high class performance, you'll be sure to see, use, smell, touch, and test a set of these high-quality, ground-grabbing pieces of awesomeness! If you've never thought to look up their history, I encourage you to take a peek:

<http://www.maxxistyres.com.au/>

BMCR

Did you know that BMCR have supported us for over a decade now!? On top of that, these guys are huge advocates for the cycling world with major support in events such as the Tour, Three Peaks, Coast to Coast and of course our AMBC events. And you know what - they seem to just love what they do.

Check them out:

<http://bmcr.com.au/>

HAMMER NUTRITION

Our headliner for the series! Did you know, that apart from being an awesome sauce of sport nutrition (see what I did there), HN are also awesome sponsors! In addition to AMBC, these guys support events right down from massive desert marathons, to 200km alpine road-ride experiences, to a wide range of MTB madness! To find out more about team Nutrition, check out their page:

<http://www.hammernutrition.com.au/>

OVER THE EDGE

There is LOTS happening at OTE this year! Like the Freaky 13th Melrose FAT TYRE FESTIVAL over the June long weekend. AKA: a massive weekend dedicated to fun! Riders from all over the country can come and ride those sweet Melrose trails, improve their skills, meet new people, drink amazing port, check out some art, make your own art!, and just enjoy the myriad of colours, sounds and activities this weekend will host!

For details, and further inspiration, visit:

<http://melrosemountainbike.com/2015-freaky-fat-tyre-programme/>

And while you're at it, don't forget to check out this year's 18 Hours of Melrose Race!

WHIPPET'S WORKSHOP

Located just outside of North Adelaide, complete with coffee and access to a whole range of bike kit out, WW not only have their place in our community, but have also been awesome supporters for our race series over the years. Hey – they even race with us!

To follow these guys, and see what they get up to, check out their page:

<http://www.whippetstorkshop.com/>



AMBC Committee Members:

President:

Matthew Ackland

Treasurer:

Scott Keneally

Vice President/secretary:

POSITION AVAILABLE

(We'll miss you Luke)

Race Director:

David Knight

Junior Coordinator:

Chris Crocker

Volunteer Coordinator:

Robyn Couch

Trails Officer:

Malcolm Robertson

Sponsorship:

John Allison

Timing Coordinator:

P'An-Tau Jiricek-Scott

Media Coordinator:

Amy Austin

Website Administrator:

Tom Bamman

General Committee:

Scott Denton

CONTACT

Website: ambc.asn.au

Email: info@ambc.asn.au

Phone: 0408 840 610

Address: PO Box 134, Lobethal, SA 5241

fat chat V2

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