



Hey all.

Chelsea here, and let me just start with a quick "thanks for your patience" on this newsletter's delay (I know my running commentaries must have been missed). But may I just say, if there are any keen hikers amongst the crowd, then one site you must add to your bucket list is the view from the crest of Razor Back Ridge/between sections 4 and 6 on the Larapinta Trail, which has officially made the top of my list of favourite Aussie hikes (see over-exposed banner picture). Note: mountain biking, strongly discouraged, due to the intense mountain contouring, extreme gorge scrambling and epic ancient river beds!

But moving away from recent desert memories, AMBC have certainly seen a great end to their Hammer Nutrition Enduro Series. Peddling back to the second race at Prospect Hill, where riders caught some fine weather (averaging 11.8°C, 30km/h winds, and a bucket load of rain!), we got to see some proper dedication to the sport, with some old favourite faces like Sarah Holmes, making an appearance on the trails; juniors bumping up a level into male elites and clocking in some serious mileage; our ever-welcome nubes (refusing to DNF!); and even PACC's Gemma Kernich, and Aimee Reid made their female-duo tribute; and of course, a special mention to our frequent flyers, who never failed to keep us motivated and entertained!

Then into round three at Craigburn Farm, where AMBC managed to draw yet another attractive number of competitors (who, lucky-for-us weren't deterred by Prospect Hills' muddy mess). Having missed the last of the Enduro Races, it was great to see a broad category list and some pleasantly surprising results!

Congratulations to everyone who competed. We look forward to seeing you in our XCO series, starting August 2nd!

But for those of you who just can't wait - MTBA's "Cross de Capital" (ACT) National CX Series, rounds 5 and 6 are coming up fast! (just like my rent). Following in hot with PACC's "Crossfire Cup", round 3, which – if the last race was anything to go by – promises to be another epic Sunday morning in the Adelaide parklands. Then with Gravity Enduro SA setting up their 2nd round in Eagle Mountain Bike Park, AMBC will have the perfect line up, un-retiring the Eagle madness in to the following weekend!

But in the meantime, with a broken spine and some serious gravel rash, how was that crash in Tour de France! (Snapshot from the video by SBS Cycling Central).





PROSPECT HILL RESULTS!

Thanks to: Registration: Chelsea Hooton, David Braithwaite Robyn Couch (Committee), Annie Knight; Race Brief: Scott Keneally (Committee)

Course/track setup: David Knight (Committee), Griff Knight, Phile Charlton, Kelly Charlton; Course Packup: David Knight (Committee), Scott Keneally (Committee);

Announcing and Timing assist: Geoff Luders; BBQ: Scott Denton, Chelsea Hooton, Scott Keneally (Committee)

NICK STOKOE - CABLE TIE SUPPLIES! Thanks to those who hung around to help pack up the Race HQ area











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Category	No	PIC	Rider/Team	Laps	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	TOTAL	-
Elite Male	15	1	Tom Goddard	7	00:29:20.0	00:30:06.4	00:30:31.0	00:31:23.4	00:32:13.6	00:34:23.7	00:36:16.6	03:44:14.7	١
Elite Male	53	2	Michael Denton	7	00:29:49.3	00:31:03.2	00:32:19.0	00:32:24.9	00:33:52.9	00:35:25.0	00:36:40.3	03:51:34.5	
Elite Male	51	3	Angus Hogben	7	00:30:22.4	00:31:14.9	00:32:20.9	00:33:46.5	00:34:54.0	00:35:04.5	00:36:43.2	03:54:26.5	P
Elite Male	1	4	Rohan Baird	7	00:30:15.0	00:31:21.2	00:32:15.9	00:33:35.1	00:35:11.6	00:37:04.4	00:37:26.0	03:57:09.2	ı
Elite Male	54	5	Ollie Klein	7	00:32:50.1	00:34:09.4	00:35:54.4	00:36:05.9	00:37:28.0	00:39:55.1	00:39:10.8	04:15:33.7	ľ
Elite Male	8	6	Christopher Crocker	7	00:32:51.3	00:34:18.5	00:35:49.1	00:36:45.9	00:38:40.3	00:40:25.0	00:40:59.3	04:19:49.3	1
Elite Male	9	7	Ben Hogarth	6	00:29:21.7	00:30:05.6	00:31:09.8	00:32:00.8	00:34:15.1	00:35:42.6		03:12:35.6	ı
Elite Male	6	8	Marc Campbell	6	00:35:44.6	00:36:00.0	00:37:21.8	00:37:56.3	00:38:33.6	00:38:55.1		03:44:31.5	1
Elite Male	12	9	Clint Draper	6	00:33:23.7	00:35:15.2	00:37:55.4	00:38:42.2	00:40:38.7	00:42:41.4		03:48:36.5	ı
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Elite Male	52	12		6	00:33:42.1	00:36:25.3	00:37:36.9	00:39:41.9	00:44:59.6	00:45:22.2		03:57:48.0	1
Elite Male	13	13	,	6	00:35:27.3	00:36:58.9	00:39:36.2	00:42:15.9	00:45:36.2	00:46:25.9		04:06:20.4	ı
Elite Male	10	14	Jarrod Clark	6	00:38:16.7	00:38:43.9	00:40:47.8	00:48:07.9	00:43:40.4	00:43:17.3	14/1/11/11	04:12:54.1	ı
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Elite Female	107	2	Anna Puckridge	6	00:38:20.2	00:40:56.0	00:42:30.7	00:44:02.7	00:46:12.1	00:48:39.2	Billion Film		1
Elite Female	104	3	Sorcha Flett	5	00:39:38.8	00:44:04.9	00:45:43.5	00:48:32.5	00:49:21.0			03:47:20.7	É
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Elite Female	101	7	Aurelia Strozik	3	00:43:11.1	00:44:54.4	00:46:34.0					02:14:39.5	
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Solo Male 40+	351	4	Nicholas Noske	6	00:36:37.7	00:36:47.6	00:40:06.3	00:40:34.4	00:44:01.9	00:44:39.8		04:02:47.7	1
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Solo Male 40+	308	6	Stephane Tournier	6	00:41:05.8	00:42:35.2	00:42:45.3	00:42:35.2	00:45:23.7	00:46:30.6		04:20:55.8	1
Solo Male 40+	313	7	Darren Munro	6	00:36:56.4	00:38:47.6	00:42:07.1	00:46:44.6	00:48:57.3	00:51:10.1	14 1/1/11/1	04:24:43.1	1
Solo Male 40+	352	8	Daniel Wade	5	00:38:04.9	00:38:31.7	00:41:00.3	00:41:12.4	00:45:50.7			03:24:40.0	SWS.
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Solo Female 404 Solo Female 404		3	Kerry Higginson	4	00:54:53.9	00:57:51.6	00:56:35.5 01:01:47.3	01:01:19.5		"	14/1/1/1/1/		
Solo Female 40+		4	Julia Massey	1	00:59:18.1	33.34.22.7	01.01.47.3	01.02.30.3		V.		00:59:18.1	1
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Solo Junior	504	1	Bryce Penno	6	00:36:57.2	00:37:07.5	00:41:10.2	00:44:39.6	00:46:35.1	00:47:43.8		04:14:13.4	1
Solo Junior	207	2	William (Will) Golding	5	00:38:53.8	00:40:38.7	00:45:23.1	00:46:51.6	00:52:16.1	1/			1
Solo Junior	505	3	Sam Munger	5	00:41:37.8	00:42:59.2	00:45:56.9	00:54:18.5	00:56:43.4	100	111111111111111111111111111111111111111	04:01:35.8	
Solo Junior	501	4	Robert Allison	5	00:41:24.0	00:47:27.2	00:53:59.7	00:55:03.0	00:55:58.8	/	X11.11.11.11.11.11		1
Solo Junior	502	5	Jarred Clarke	2	00:36:52.0	00:36:43.2				%		01:13:35.3	1
Duo Male	709/710	1	Hurry up John	6	00:36:23.0	00:36:20.8	00:37:31.7	00:37:53.6	00:39:04.6	00:39:46.9		03:47:00.6	1
Duo Male	715/716	2	Trail Blazers	6	00:36:23.0	00:36:20.8	00:37:31.7	00:42:43.5	00:39:04.6		31111111111111111111111111111111111111	03:47:00.6	1
Duo Male	713/714	3	Scarbs	6	00:36:56.3	00:41:12.2	00:36:41.9	00:42:43.5	00:39:26.2	00:43:55.2	15// //////////////////////////////////	04:05:25.6	1
Duo Male	713/714	4	Two good looking rooster		00:38:47.1	00:40:41.2	00:38:45.4	00:42:49.1	00:46:09.8				X
Duo Male	711/712	5	Rum 'n' Kona	5	00:42:08.9	00:40:31.9	00:42:47.3	00:43:22.3	00:46:09.8	00.40.36.4		04:08:57.6	1
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Duo Male	701/702	8	Dad & Son	4	01:04:37.7	00:56:07.4	01:11:03.6	01:02:28.3		11	17 1/11/11/11/11		1
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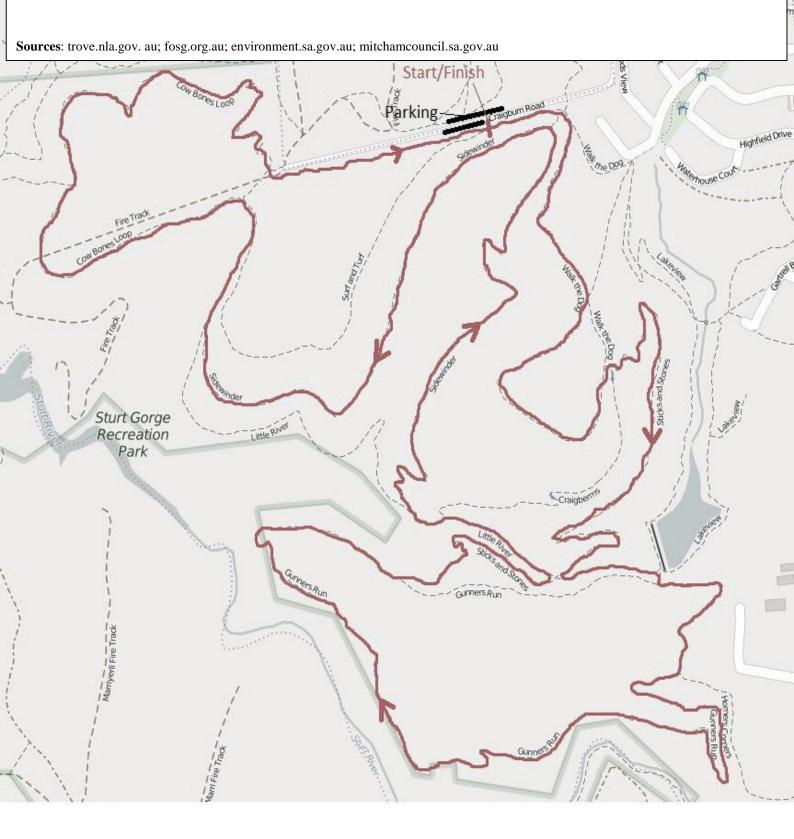
CRAIGBURN

I did start uploading pictures (adapted from Timothy Klein's facebook page) onto this page, until I learned that 70MB is just too much for a program to handle. So instead, did you know?!:

After the Kaurna people (the first people of the Adelaide plains), there was a Scottish chap named Peter Cumming who established 'Craigburn Farm', back when it was one piece of a whole 800acres, in 1853. After playing around with the Gold Escort, connecting roads, and deciding to become a draper, Cumming sold the Farm to his son-in-law, William D. Scott. Which was then sold to someone else?... who sold it to someone else?... who sold it to someone else?... who gave it to Minda Inc.

Minda offered 55ha of the farm property to the Government to include in Sturt Recreation Park, and kept the remaining 350ish hectares as "open space" (mountain biking!). The land that was added to Sturt Gorge Recreation Park was mainly for native vegetation regrowth projects, as all our rare, endemic plant life was traumatised from early activities of grazing, logging and mining.

FUN FACT: 800 million years ago (or there about), resistant glacial material - known as Sturt tillite - dropped from ice, floating in the ocean that covered South Australia, and eventually carved up the deep, narrow rock formation we now call Sturt Gorge.



CRAIGBURN RESULTS!

Thanks to: Registration: David Braithwaite, Evelyn Denton, Geoff Luders; Race Brief: Scott Keneally (Committee); Announcing and Timing assist: Geoff Luders;

Course/track setup: David Knight (Committee), Griff Knight, Richard Bates, Charlie Bates, Jarrod Clark, Scott Denton, Evelyn Denton, Michael Denton;

Course Packup: Scott Keneally (Committee), Anna Puckridge, Chris Shultz; BBQ and other delicious snacks!: Betina Denton, Amelia Denton, Evelyn Denton

Thanks to those who hung around to help pack up the Race HQ area













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Category	No	PIC	Rider/Team	Laps	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	TOTAL
Elite Male	11	1	Tom Goddard	8	00:28:08.5	00:28:10.6	00:29:05.1	00:29:26.1	00:31:08.3	00:31:46.8	00:33:12.0	00:32:59.3	04:03:56.6
Elite Male	2	2	Rohan Baird	8	00:28:08.1	00:28:48.1	00:29:47.3	00:30:20.5	00:31:44.1	00:32:21.4	00:31:33.7	00:31:26.6	04:04:09.7
Elite Male	14	3	Ollie Klein	8	00:30:12.7	00:30:21.2	00:30:19.7	00:31:18.4	00:32:43.9	00:31:37.5	00:31:47.5	00:32:36.5	04:10:57.4
Elite Male	10	4	Andrew Field	8	00:30:22.4	00:30:11.1	00:30:50.3	00:31:29.2	00:32:20.0	00:31:19.6	00:32:07.2	00:32:35.8	04:11:15.7
Elite Male	1	5	Matthew Ackland	8	00:30:40.7	00:32:27.5	00:32:37.3	00:34:34.8	00:32:10.1	00:32:51.6	00:33:14.9	00:33:42.8	04:22:19.5
	7												
Elite Male		6	Christopher Crocker	8	00:31:31.8	00:32:00.6	00:31:50.6	00:32:45.2	00:33:32.2	00:33:39.6	00:34:52.1	00:34:52.7	04:25:04.9
Elite Male	52	7	Kevin Pullen	8	00:31:24.7	00:32:02.2	00:32:08.9	00:33:49.0	00:34:15.9	00:35:40.6	00:35:12.1	00:36:07.5	04:30:40.9
Elite Male	9	8	Clint Draper	8	00:31:49.4	00:33:02.5	00:33:35.6	00:35:06.6	00:34:25.4	00:33:02.4	00:34:33.1	00:35:31.7	04:31:06.7
Elite Male	5	9	Marc Campbell	8	00:34:53.4	00:33:00.3	00:33:33.0	00:35:02.8	00:34:58.7	00:34:31.2	00:33:42.4	00:36:28.4	04:36:10.3
Elite Male	53	10	Nick Stokoe	7	00:31:31.9	00:31:57.2	00:31:54.1	00:32:45.7	00:34:35.2	00:36:31.7	00:38:06.5		03:57:22.3
Elite Male	50	11	Steven Lee	7	00:33:52.8	00:31:45.3	00:32:04.1	00:34:01.8	00:35:47.3	00:34:40.8	00:37:38.0		03:59:50.0
Elite Male				7		00:31:53.5					00:37:38.0		
	15	12	Griff Knight		00:31:33.5		00:33:56.4	00:38:05.6	00:45:27.8	00:38:24.9			04:17:50.8
Elite Male	6	13	Jarrod Clark	7	00:35:01.6	00:33:51.7	00:34:57.4	00:37:19.6	00:39:53.4	00:39:27.5	00:39:00.7		04:19:31.9
Elite Male	8	14	Michael Denton	6	00:28:31.3	00:29:37.5	00:30:17.8	00:31:33.1	00:32:54.1	00:33:50.7			03:06:44.5
Elite Male	4	15	Andrew Burley	6	00:31:33.4	00:31:56.3	00:31:32.1	00:33:47.6	00:37:45.1	00:41:33.3			03:28:07.9
Elite Male	13	16	Angus Hogben	2	00:28:42.4	00:29:47.4							00:58:29.8
Flita Famala	105	1	Thomas Dhadas	7	00.22.01.0	00.22.20.0	00.24.10.6	00.24.20.0	00.25.50.1	00.20.00 5	00.26.22.2		04.03.53.0
Elite Female	105	1	Therese Rhodes		00:33:01.8	00:33:30.8	00:34:18.6	00:34:29.8	00:35:50.1	00:36:09.5	00:36:32.2		04:03:52.8
Elite Female	103	2	Anna Puckridge	7	00:36:10.4	00:36:26.0	00:37:51.5	00:37:50.2	00:39:33.5	00:38:18.5	00:38:50.5		04:25:00.7
Elite Female	106	3	Aurelia Strozik	6	00:41:07.6	00:42:13.4	00:42:16.2	00:43:20.4	00:44:24.7	00:45:46.4			04:19:08.7
Elite Female	102	4	Sorcha Flett	4	00:39:21.9	00:43:09.3	00:46:42.0	00:49:52.7					02:59:05.9
Solo Male	208	1	James Irving	7	00:36:27.7	00:35:41.7	00:35:24.3	00:37:24.4	00:37:46.3	00:40:09.9	00:40:27.5		04:23:21.8
	201	2		7	00:36:22.0	00:35:32.9	00:35:30.5	00:37:07.4	00:40:12.2		00:44:39.0		04:30:58.6
Solo Male			Tom Allen							00:41:34.6			
Solo Male	209	3	Daniel Morgan	7	00:36:44.2	00:36:29.7	00:37:14.0	00:40:41.9	00:41:36.8	00:40:29.5	00:40:47.6		04:34:03.6
Solo Male	210	4	Lachlan Palmer	6	00:36:09.5	00:38:44.2	00:38:20.2	00:41:59.4	00:42:42.3	00:45:05.6			04:03:01.2
Solo Male	213	5	Mark Thomson	5	00:41:37.7	00:41:15.1	00:43:11.9	00:46:04.3	00:50:30.9				03:42:39.9
									00.30.30.3				
Solo Male	206	6	Scott Hamilton	4	00:39:40.6	00:40:48.6	00:46:40.9	00:58:48.0					03:05:58.1
Solo Male	207	7	Chris Hutchesson	4	00:49:56.9	00:48:36.7	00:52:32.8	00:56:21.7					03:27:28.2
Solo Male	203	8	Matthew Boundy	4	01:21:00.5	00:39:42.5	00:43:18.5	00:46:50.9					03:30:52.4
Solo Male	212	9	Adam Romanski	3	00:44:11.1	00:44:08.9	00:59:28.3						02:27:48.3
3010 Iviale	212	9	Addit Kottlatiski	3	00.44.11.1	00.44.08.9	00.33.28.3						02.27.46.3
Solo Male 40+	405	1	Marc Fox	8	00:31:33.0	00:31:56.3	00:31:42.4	00:32:57.0	00:32:40.8	00:33:55.8	00:34:07.7	00:34:56.8	04:23:49.9
Solo Male 40+	412	2	James Knowler	7	00:32:57.1	00:31:52.8	00:32:50.7	00:33:55.6	00:34:47.6	00:34:47.6	00:38:40.0		03:59:51.5
Solo Male 40+	416	3	Matthew Sanderson	7	00:33:53.3	00:33:35.5	00:33:43.7	00:33:51.7	00:35:00.7	00:35:10.7	00:35:11.1		04:00:26.7
Solo Male 40+	410	4	Tim Klein	7	00:33:54.7	00:33:39.8	00:34:06.5	00:35:32.2	00:37:48.7	00:38:55.4	00:40:01.4		04:13:58.9
Solo Male 40+	413	5	Erik Lock	7	00:35:19.1	00:37:17.0	00:38:23.9	00:37:58.9	00:38:44.3	00:38:28.8	00:38:54.3		04:25:06.3
Solo Male 40+	415	6	Nicholas Noske	7	00:35:20.1	00:36:23.7	00:37:28.1	00:37:22.4	00:39:50.4	00:42:52.5	00:39:38.6		04:28:55.7
Solo Male 40+	401	7	Richard Bates	7	00:35:18.3	00:36:14.4	00:37:13.9	00:39:26.2	00:39:56.9	00:43:33.1	00:41:26.3		04:33:09.0
Solo Male 40+	418	8	Theodor Wyeld	6	00:37:17.7	00:38:09.3	00:38:47.6	00:39:53.4	00:41:21.9	00:42:36.7			03:58:06.6
Solo Male 40+	411	9	David Knight	6	00:40:16.9	00:41:44.5	00:41:34.7	00:42:30.1	00:41:11.3	00:42:19.8			04:09:37.3
Solo Male 40+	409	10	Jason Izzard	6	00:41:10.9	00:41:08.5	00:40:50.1	00:42:16.2	00:45:00.7	00:46:14.4			04:16:40.7
Solo Male 40+	404	11	Andrew Fleming	6	00:41:16.2	00:43:23.6	00:42:28.0	00:45:36.5	00:52:52.9	00:57:14.5			04:42:51.7
Solo Male 40+	414	12	Colin Maher	5	00:36:57.1	00:38:35.0	00:36:15.2	00:57:17.0	00:41:40.0				03:30:44.3
Solo Male 40+	402	13	Daryl Brooks	5	00:43:23.2	00:43:57.3	00:46:15.2	00:50:40.5	00:52:35.5				03:56:51.7
Solo Male 40+	408	14	Derek Hooper	5	00:47:26.4	00:47:53.7	01:00:21.9	00:55:37.6	01:02:53.4				04:34:13.0
Solo Male 40+	407	15	Preston Giffen	3	00:42:48.6	00:44:25.9	00:45:54.1						02:13:08.7
							00.43.34.1						
Solo Male 40+	417	16	Clyde Tucker	2	00:38:52.3	00:37:59.0							01:16:51.3
Solo Male 40+	403	17	Scott Denton	2	00:44:04.4	00:52:01.4							01:36:05.8
Cala Fam -1 - 40	F03	4	Manuida Dagge	-	00.45.40.4	00:42:20.0	00:42:20.4	00.42.20 5	00:45:44.7				02,41,20.7
Solo Female 40+	502	1	Merridy Pearce	5	00:45:18.1	00:43:30.0	00:43:39.4	00:43:29.5	00:45:41.7				03:41:38.7
Solo Female 40+	504	2	Kylie Peel	5	00:44:36.6	00:45:33.5	00:47:53.1	00:50:48.4	00:55:28.8				04:04:20.4
Solo Female 40+	501	3	Julia Massey	4	00:51:10.5	00:53:24.3	01:04:13.8	01:21:23.5					04:10:12.0
Solo Junior	603	1		6	00:37:27.5	00:35:07.7	00:36:10.3	00:41:18.2	00:43:17.6	00:44:51.9			03:58:13.1
Solo Junior	601	2	Jarred Clarke	6	00:34:31.5	00:34:36.5	00:39:34.9	00:45:17.7	00:49:07.3	00:41:03.1			04:04:11.0
Solo Junior	602	3	Harry Hooper	4	00:46:34.0	00:47:28.3	01:01:44.7	01:01:16.5					03:37:03.5
Solo Junior	3	4	Charlie Bates	3	00:46:50.5	00:54:50.5	01:04:00.1						02:45:41.1
						- 7							
Duo Male	703/704	1	Half the Johns and Twice the Fun	7	00:32:28.7	00:45:34.2	00:32:02.0	00:33:54.5	00:33:43.5	00:34:42.6	00:34:29.7		04:06:55.2
Duo Male	711/712	2	Scarbs	7	00:38:02.8	00:37:01.6	00:34:51.3	00:35:24.2	00:35:36.9	00:35:54.6	00:35:54.9		04:12:46.3
Duo Male	709/710	3	Pin it to win it	7	00:37:36.6	00:34:50.4	00:36:23.5	00:36:23.6	00:38:05.4	00:37:42.3	00:37:46.9		04:18:48.6
Duo Male	715/716	4	Them Vs. Us	7	00:33:40.4	00:35:02.1	00:41:45.8	00:44:27.8	00:33:53.3	00:35:18.0	00:37:59.4		04:22:06.8
Duo Male	707/708	5	Muzzollies	7	00:39:00.1	00:37:49.2	00:35:56.6	00:37:24.3	00:38:18.2	00:37:54.5	00:41:10.5		04:27:33.4
Duo Male	713/714	6	Slap & Tickle	6	00:43:12.7	00:41:44.0	00:44:22.6	00:43:04.2	00:46:09.8	00:47:33.5			04:26:06.8
Duo Male	719/720	7	DAPA	6	00:40:43.2	00:51:26.0	00:40:24.5	00:57:27.1	00:41:35.2	01:03:04.0			04:54:40.0
Duo Male	717/718	8	wells Escargot	5	00:37:08.3	00:54:48.3	00:39:56.2	00:50:39.3	00:53:53.5	12.00.04.0			03:56:25.5
Duo Male	701/702	9	Gold Train	5	00:41:17.5	00:53:48.5	00:58:59.3	00:55:11.2	00:38:51.5				04:08:08.0
Duo Female	801/802	1	#91	6	00:41:30.1	00:46:53.3	00:40:09.5	00:45:39.3	00:40:06.4	00:50:27.2			04:24:46.0
Duo Mixed	903/904	1	Us VS Them	7	00:31:29.6	00:32:02.4	00:46:44.9	00:51:10.8	00:38:20.1	00:34:09.7	00:35:20.0		04:29:17.6
											30.33.20.0		
Duo Mixed	901/902	2	hutchy's	6	00:36:25.5	00:48:09.4	00:34:28.3	00:50:03.3	00:36:17.9	00:37:30.4			04:02:54.9
Duo Junior	301/302	1	Something Random	6	00:41:52.9	00:43:12.4	00:42:11.4	00:43:24.8	00:42:53.4	00:49:44.9			04:23:19.8
Duo Junior	307/308	2	Em and Ems	6	00:44:40.3	00:45:39.6	00:44:55.7	00:50:53.6	00:53:07.6	00:50:32.9			04:49:49.6
240 7411101	307/300		Em and Ema	U	50.77.70.3	30.73.33.0	JU. T1.JJ. /	50.50.55.0	30.33.07.0	30.30.32.3			J-1JJ.U

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What do you call an artist who sculpts with bicycle parts?

Cycleangelo















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