

# fat chat

Adelaide Mountain Bike Club Newsletter  
Eagle MTB Park April Issue 2015

Image: Terry Golding, so close to nailing the loose off-camber

# Version 2



# Revamp Issue

- from the editor to you!

After recently having my mountain bike's weight worth of old *fat chat* issues stumble across my reading repertoire (thanks Aurelia); a conversation on the reliability of Australia Post; and an ego stroke on my exceptional ability to write blogs, (disclaimer: blog-writing abilities may not be exceptional), I figured it was about time to **REVAMP THE NEWS LINE!** with my own added touches, of course (mainly in the use of uncanny puns!).

So, in honour of [and quote] "I think it was Carlos, but don't quote me on that" [P'An-Tau, 2015], and his un-edited dedication to the *fat chat* publications, I am proud to bring you "Fat Chat - V2!"

Kicking off the V2 series with the end of AMBC's XC summer series, I'll be looking for a whole new set of pictures, faces, bikes, war stories, tips and tricks and things and stuff to fill those spaces where I'm obviously rambling.

But, peddling back a little – how was THAT for a farewell to the summer race series!? Those who were there, you know what I'm talking about (elbow nudge), and those that are reading this and slowly raising an eyebrow, I wouldn't worry about it, because apart from four ambulances, a fire truck, the fear of a shoulder dislocation, head injury, missing teeth, leg gash, and a few flat tyres, not much really happened...

Hi, I'm Chelsea – welcome to the series!





How to spot the  
*reeeally* good  
MTBers...





# 2015 AMBC SUMMER SERIES XC RACE

## ROUND 4 RESULTS - EAGLE MTB

Cat.	No	PIC	Rider	Laps	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	TOTAL
A Grade	12	1	Todd Lorenz	6	00:12:00.0	00:10:59.8	00:11:14.0	00:10:52.0	00:11:47.1	00:10:33.7	01:07:26.7
A Grade	5	2	Michael Denton	6	00:12:01.2	00:11:00.0	00:11:13.5	00:11:19.0	00:11:10.6	00:11:08.5	01:07:52.7
A Grade	10	3	Ollie Klein	6	00:12:01.9	00:11:04.0	00:11:27.0	00:11:13.4	00:11:12.9	00:11:28.6	01:08:27.9
A Grade	8	4	Ben Hogarth	5	00:11:59.5	00:11:47.2	00:22:24.0	00:11:42.2	00:13:31.5	1st Aid Bonus	01:11:24.5
A Grade	6	5	Curtis Dowdell	6	00:12:15.2	00:11:51.8	00:12:10.4	00:11:50.4	00:11:48.6	00:11:39.2	01:11:35.6
A Grade	15	6	Adrian Scott	6	00:12:45.6	00:11:49.3	00:11:54.0	00:12:00.1	00:12:09.4	00:11:41.0	01:12:19.4
A Grade	11	7	Griff Knight	6	00:12:48.5	00:12:07.6	00:12:05.9	00:12:21.7	00:12:36.7	00:12:59.6	01:14:59.9
A Grade	7	8	Kain Gardner	6	00:12:49.2	00:12:07.8	00:12:15.6	00:12:32.1	00:12:49.4	00:12:33.8	01:15:07.9
A Grade	4	9	John Allison	1	00:13:29.8						00:13:29.8
A Female	3	1	Kate Yancey	1	00:15:30.3						00:15:30.3
B Grade	102	1	Clint Draper	5	00:12:58.9	00:12:22.7	00:12:45.1	00:12:56.1	00:12:34.3		01:03:37.1
B Grade	110	2	Alister Smith	5	00:13:56.7	00:13:08.1	00:12:53.2	00:12:59.7	00:13:56.9		01:06:54.6
B Grade	104	3	Erik Lock	5	00:13:59.1	00:13:10.2	00:13:13.3	00:13:19.7	00:13:29.7		01:07:12.0
B Grade	107	4	Bryce Penno	5	00:14:19.7	00:13:10.2	00:13:37.7	00:14:02.4	00:14:20.6		01:09:30.6
B Grade	103	5	David Knight	5	00:14:18.0	00:13:26.9	00:13:59.1	00:14:11.2	00:14:36.6		01:10:31.8
B Grade	101	6	Phil Charlton	5	00:13:18.8	00:19:21.6	00:12:42.7	00:13:06.1	00:13:30.3		01:11:59.5
B Grade	105	7	Colin Maher	5	00:14:22.6	00:14:11.0	00:14:33.5	00:14:52.9	00:15:33.4		01:13:33.4
B Grade	112	8	Theodor Wyeld	3	00:15:05.6	00:14:02.8	00:14:18.6				00:43:27.0
B Grade	108	9	Alex Praino	2	00:15:33.2	00:34:54.1					00:50:27.3
B Grade	111	10	Troy Swan	1	00:13:25.4						00:13:25.4
B Grade	106	11	Damien O'Dea	1	01:20:10.4						01:20:10.4
B Female	204	1	Rebecca Ormsby	4	00:17:06.9	00:15:59.5	00:16:54.6	00:16:57.7			01:06:58.8
B Female	203	2	Tessa Manning	4	00:18:19.5	00:17:21.3	00:18:35.6	00:18:58.7			01:13:15.1
C Grade	308	1	Andrew Hawkes	4	00:13:43.7	00:12:50.2	00:12:55.4	00:12:58.5			00:52:27.7
C Grade	309	2	Tim Klein	4	00:13:52.9	00:12:54.7	00:13:01.4	00:13:02.1			00:52:51.1
C Grade	312	3	Lachlan Palmer	4	00:13:53.2	00:13:04.4	00:13:37.7	00:13:23.5			00:53:58.8
C Grade	313	4	Darien Penno	4	00:14:18.0	00:13:49.8	00:13:29.3	00:13:37.4			00:55:14.6
C Grade	301	5	Jarrold Clark	4	00:14:40.7	00:13:56.8	00:13:54.5	00:13:31.7			00:56:03.8
C Grade	302	6	Jarred Clarke	4	00:14:24.1	00:13:48.0	00:14:21.6	00:14:37.7			00:57:11.4
C Grade	311	7	Stephen Manson	4	00:15:27.7	00:14:25.2	00:14:00.0	00:13:39.6			00:57:32.6
C Grade	304	8	Jordan Cole	3	00:17:31.8	00:17:50.0	00:17:47.1				00:53:08.8
C Grade	307	9	Luke Hallam	2	00:15:32.9	01:18:29.8					01:34:02.7
D Grade	404	1	William (Will) Goli	3	00:14:37.7	00:14:03.2	00:13:58.2				00:42:39.1
D Grade	401	2	Jasper Dowdell	3	00:14:59.3	00:14:24.4	00:14:20.6				00:43:44.3
D Grade	405	3	Terry Golding	3	00:16:25.9	00:16:02.5	00:15:22.8				00:47:51.3
D Grade	402	4	Bill Frame	3	00:16:54.2	00:16:22.9	00:15:56.8				00:49:13.9
D Grade	410	6	Neil Penno	3	00:21:10.0	00:17:13.3	00:16:12.2	00:05:00.0	<----1st Aid bonus		00:49:35.5
D Grade	806	5	Ethan Miller	3	00:16:30.4	00:17:42.2	00:17:50.0				00:52:02.6
D Grade	409	7	James Irving	3	00:14:15.0	00:27:53.7	00:13:25.9				00:55:34.6
D Grade	407	8	Chris Hutchesson	3	00:19:05.4	00:18:57.9	00:18:22.0				00:56:25.3
D Grade	801	9	Jack Alfred	2	00:21:39.0	00:21:54.7					00:43:33.7
E Grade	804	1	Thomas Kelly	2	00:17:54.6	00:16:54.3					00:34:48.9
E Grade	803	2	Oliver Hallam	2	00:20:12.2	00:18:33.0					00:38:45.2
E Grade	703	3	Roland Wells	2	00:20:48.9	00:21:05.1					00:41:54.0
E Grade	802	4	Sam Golding	2	00:20:55.4	00:21:06.9					00:42:02.3
E Grade	701	5	Anthony Marston	2	00:23:45.6	00:22:46.8					00:46:32.4
E Grade	702	6	Paul Miller	2	00:24:22.9	00:25:54.4					00:50:17.4
E Grade	805	7	Liam Marston	2	00:31:13.2	00:34:26.4					01:05:39.6
E Grade	807	8	Mackenzie O'Dea	1	00:38:17.0						00:38:17.0



Totally got  
this...



GO  
Mackenzie!



WOOO!



Coming from a long history in mountain biking and racing (probably pushing a whole year and a half now), I'm not one to chicken out of a good track... unless that track is at Eagle MTB Park! Sure the place has panoramic views of Adelaide, a generous 22+km of trail, and a fine place in South Australia's history of becoming our first dedicated mountain bike park, but it is also built on an abandoned quarry, which to me says - loose rocks, big boulders, and whole lotta sharp edges, where unless your skills are hard up to scratch, this terrain will take you for granite!... no? Quartz you out? ... no? Shale I continue? ... Ok, I'm done.

A massive congratulations to everyone who did compete though! For me, it was somewhere in the middle of the tight switch-backs, low-lying branches, slippery surfaces and sudden drop-offs, where you would have found my complete and undying respect. But all cringing aside, I have to admit, this certainly was one awesome track to witness some serious talent, good competition, and great participation! - starting on *Hawkeye*, then flicking out on to the rolling rubble of *Eagle Way*, into *South Side*, crossing the *Verge* into *Tunnel Vision* where you take on the double roll-in/death drops between the trees, before eventually spitting back out onto fire road, and crossing the line between me and my camera.

Thank you's:

A huge thanks to everyone who came out and raced! Your feedback was awesome. Your faces on film were fantastic. And your enthusiasm makes me want to get back on the bike and take on Eagle again! Thanks to St. Johns and SA Ambulance team – it must have been great for you guys to finally see some action... maybe not so great for the action-ers. Thanks to those who chose to stop and help out a fellow fallen MTBer! And lastly, but not leastly, a massive thanks to all the volunteers that helped out before, during and after the fun! We appreciate your awesomeness!

### Shock Newsfeed:

Researchers for the S.A. Road & Transport Authority found over 200 dead ravens near the bottom of Princess Highway recently, raising the concern that there might be an outbreak of Avian Flu. However, a bird pathologist examined the remains of all the ravens and has confirmed that it is *not* Avian Flu. The cause of death appeared to be vehicular impacts. However, during the analysis, it was noted that varying colours appeared on the bird's beaks and claws. An examination of these paint residues has determined that 98% of the ravens have been killed by truck impact, while the other 2% was by car impact. An Ornithological (bird) Behaviourist has been hired to identify the cause for the disproportionate percentages of truck impacts vs. car impacts. The Behaviourist has identified the cause, and has reported:

When ravens eat road kill, they always have a 'look-out' raven in a nearby vantage point, to warn of any impending dangers.

They discovered that while all the 'look-out' ravens could shout "CAH! CAH!", not a single one could shout "TRUCK!"





# Coming up...



**2015 ADELAIDE MOUNTAIN BIKE CLUB 4 HOUR XC ENDURO SERIES**

Race #1 Fox Creek Sunday April 19  
Race #2 Prospect Hill Sunday May 31  
Race #3 Craigburn Farm Sunday June 21

Race in solo or Duo Team in various categories  
Racing starts at 9am (sign in from 8.15am)

Online entry only  
Registration and further information on [www.ambc.asn.au](http://www.ambc.asn.au)  
Like us on [www.facebook.com/adelaidemtbclub](http://www.facebook.com/adelaidemtbclub)  
Follow us on [www.instagram.com/adelaidemtbclub](http://www.instagram.com/adelaidemtbclub)



## AKA: SAVE THESE DATES!

**1<sup>ST</sup> RACE: 19 April @ Fox Creek!**

**2<sup>nd</sup> RACE: 31 May @ Prospect Hill!**

**3<sup>rd</sup> RACE: 21 June @ Craigburn!**

**All races are open for entry – for the whole season!**







**KODAK MOMENTS!**







... a word from our sponsors.

字

(“word” Taiwanese)

NOTE: In case of permanent artistic interest: Taiwanese character was found on the internet. Translation may not be 100% accurate.



ENDURANCE FUELS

RIDE  
LIFE  
RIDE GIANT

“Word!”

(American accent)

“G’day”



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**AMBC Committee Members:**

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Matthew Ackland

**Treasurer:**

Scott Keneally

**Vice President/secretary:**

Luke Hallam

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**Trails Officer:**

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**Timing Coordinator:**

P'An-Tau Jiricek-Scott

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