

fat chat



V2

Adelaide Mountain Bike Club Newsletter
Stephane Tournier – awesome name; awesome athlete!
(Prospect Hill) June/July Issue 2015

June/July

AND EVERYTHING IN BETWEEN

Hey all.

Chelsea here, and let me just start with a quick “thanks for your patience” on this newsletter’s delay (I know my running commentaries must have been missed). But may I just say, if there are any keen hikers amongst the crowd, then one site you must add to your bucket list is the view from the crest of Razor Back Ridge/between sections 4 and 6 on the Larapinta Trail, which has officially made the top of my list of favourite Aussie hikes (see over-exposed banner picture). Note: mountain biking, strongly discouraged, due to the intense mountain contouring, extreme gorge scrambling and epic ancient river beds!

But moving away from recent desert memories, AMBC have certainly seen a great end to their Hammer Nutrition Enduro Series. Peddling back to the second race at Prospect Hill, where riders caught some *fine* weather (averaging 11.8°C, 30km/h winds, and a bucket load of rain!), we got to see some proper dedication to the sport, with some old favourite faces like Sarah Holmes, making an appearance on the trails; juniors bumping up a level into male elites and clocking in some serious mileage; our ever-welcome nubes (refusing to DNF!); and even PACC’s Gemma Kernich, and Aimee Reid made their female-duo tribute; and of course, a special mention to our frequent flyers, who never failed to keep us motivated and entertained!

Then into round three at Craighburn Farm, where AMBC managed to draw yet another attractive number of competitors (who, lucky-for-us weren’t deterred by Prospect Hills’ muddy mess). Having missed the last of the Enduro Races, it was great to see a broad category list and some pleasantly surprising results!

Congratulations to everyone who competed. We look forward to seeing you in our XCO series, starting August 2nd!

But for those of you who just can’t wait - MTBA’s “Cross de Capital” (ACT) National CX Series, rounds 5 and 6 are coming up fast! (just like my rent). Following in hot with PACC’s “Crossfire Cup”, round 3, which – if the last race was anything to go by – promises to be another epic Sunday morning in the Adelaide parklands. Then with Gravity Enduro SA setting up their 2nd round in Eagle Mountain Bike Park, AMBC will have the perfect line up, un-retiring the Eagle madness in to the following weekend!

But in the meantime, with a broken spine and some serious gravel rash, how was that crash in Tour de France! (Snapshot from the video by SBS Cycling Central).





Back to more important things...

MOUNTAIN BIKING!

AKA: dredging up the past of Prospect Hill, where even the threat of hailstones couldn't wipe the smile off those muddy faces!







TREEHUGGING

WRONG RIGHT



The good.
The great!
...
and the
unfortunate.



CRAIGBURN

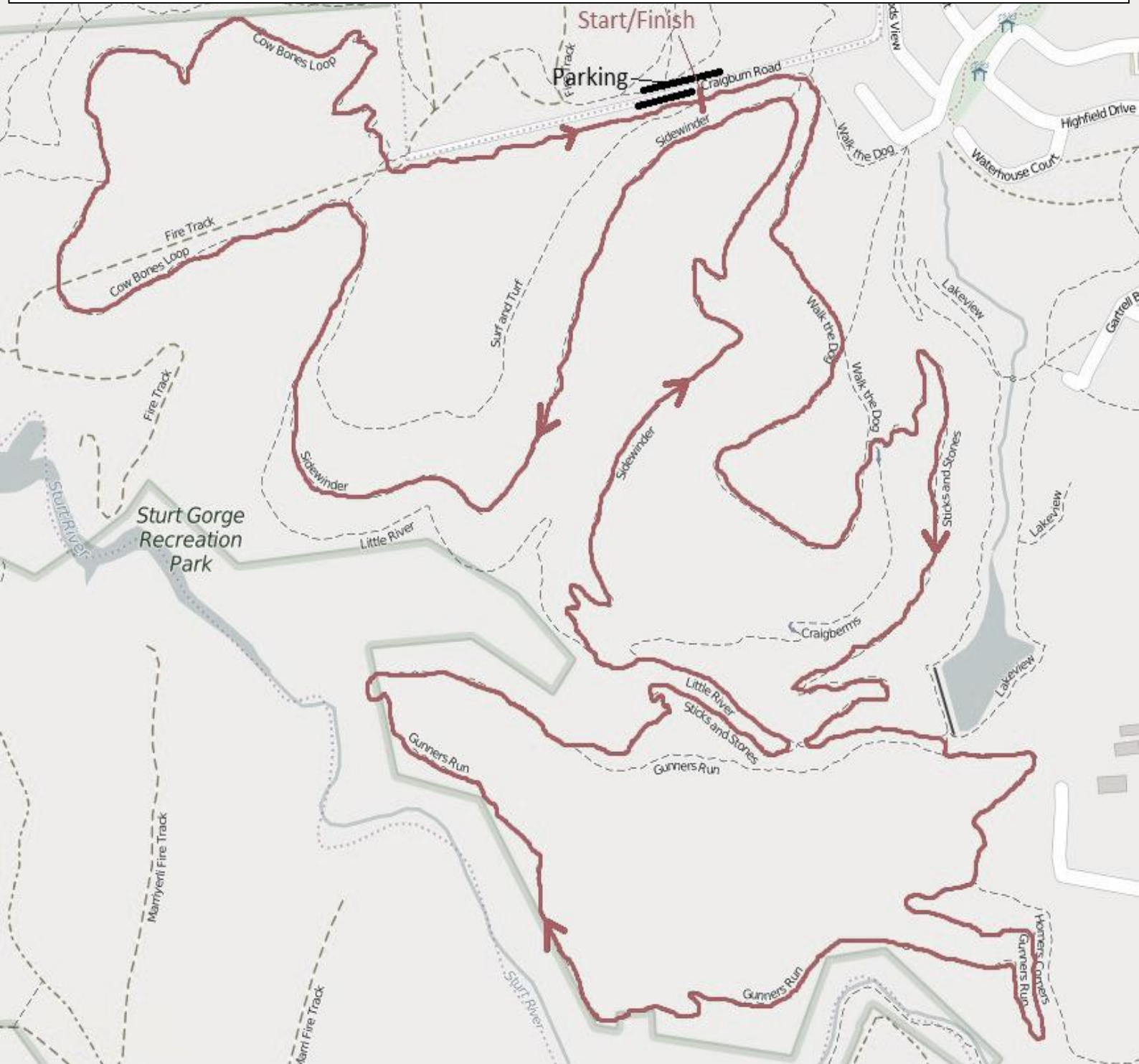
I did start uploading pictures (adapted from Timothy Klein's facebook page) onto this page, until I learned that 70MB is just too much for a program to handle. So instead, did you know?!

After the Kaurna people (the first people of the Adelaide plains), there was a Scottish chap named Peter Cumming who established 'Craigburn Farm', back when it was one piece of a whole 800 acres, in 1853. After playing around with the Gold Escort, connecting roads, and deciding to become a draper, Cumming sold the Farm to his son-in-law, William D. Scott. Which was then sold to someone else?... who sold it to someone else?... who sold it to someone else?... who gave it to Minda Inc.

Minda offered 55ha of the farm property to the Government to include in Sturt Recreation Park, and kept the remaining 350ish hectares as "open space" (mountain biking!). The land that was added to Sturt Gorge Recreation Park was mainly for native vegetation regrowth projects, as all our rare, endemic plant life was traumatised from early activities of grazing, logging and mining.

FUN FACT: 800 million years ago (or there about), resistant glacial material - known as Sturt tillite - dropped from ice, floating in the ocean that covered South Australia, and eventually carved up the deep, narrow rock formation we now call Sturt Gorge.

Sources: trove.nla.gov.au; fosg.org.au; environment.sa.gov.au; mitchamcouncil.sa.gov.au



COMING UP!

THE GIANT-SPONSORED XCO SERIES!

Round one
EAGLE MOUNTAIN BIKE PARK

02 August

Get around it!

<http://ambc.asn.au/calendar/>

What do you call an artist who sculpts with bicycle parts?

Cycleangelo

ADELAIDE MTB CLUB GIANT XC SERIES

Round #1 - 2 August 2015 *Eagle Park*
Round #2 - 13 September 2015 *Mt Torrens Township*
Round #3 - 11 October 2015 *Craigburn Farm*

2015 Australian Masters Games
XC MTB event 10 October 2015 *Craigburn Farm*

AMBC XC State Champs
8 November 2015 *Fox Creek*

Online entry only
Registration and further information on www.ambc.asn.au
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AMBC Committee Members:

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Media Coordinator:	Amy Austin
Website Administrator:	Tom Bamman
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